

The P.E.O.

RECORD



May-June 2016



**Find Out Why
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Kobs Nawotniak
ROCKS!**



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Build the Foundation Before the House

Reading is a wonderful pastime. There are times in life, however, when we read more what we **need** to with less time to read what we want. Finding myself in that time of life, I am, however, enjoying a delightful book that was sent to me called "52 Cups of Coffee" which has 52 chapters—one for each week of the year—based on the author's conversations with 52 people in all walks of life. It has been so much fun to read a three or four page chapter at a time; I can put it down and not lose track of the plot! You know, a lot can be said in a small amount of space. In Chapter 5 author Megan Gebhart, a young P.E.O., focuses on her realization that it's important to make decisions based upon life's core principles. In thinking about how she, a recent college graduate, would structure the rest of her life she concluded that it is important to concentrate on the core and **build the foundation before the house.**

The process of our becoming what we are to become will be a much more satisfactory experience and we'll travel a less bumpy road if care is given to developing our core principles and the foundation upon which to build.

That sounded familiar to me! For the past 12 years or so that I have been visiting state, provincial and district conventions, I have been sharing the plaintive cry of a distraught member who said of their young, dying chapter, "We have been trying to grow branches but we don't have any roots!" That statement has such a profound lesson in it for all of us. Put another way, we need to build the foundation before the house.

The process of our **becoming what we are to become** will be a much more satisfactory experience and we'll travel a less bumpy road if care is given to developing our core principles and the foundation upon which to build.

Chapter members (that is each one of us): Does your local chapter have a strong foundation that can withstand bothersome issues that may arise over the years? Will it provide a steadfast and sure anchor for new members, as well as established members? Reducing

the number of members choosing inactive status depends on it.

**State/
Provincial/
District leaders:**

Do the core principles of your executive board show? Is the foundation intact? Does it provide a good example for local chapter leadership?

**International
Chapter Leadership Team:**

What about our core principles? Our foundation must be sure—strong and in good repair. We have to be able to model democracy and loving concern at the same time for our entire membership.

You are aware that one of our main focuses for the biennium is vitality in various contexts. I daresay a member, chapter, board or committee that does not know what her/its core principles are and that the foundation is built to last will not possess noticeable vitality. It's never too late to shore it up. It's not that difficult—with adequate desire and determination.

Almost 6,000 chapters with VITALITY...just think what we could do! **(It could happen!)**

Beth Ledbetter, President, International Chapter



We are becoming what we are to become

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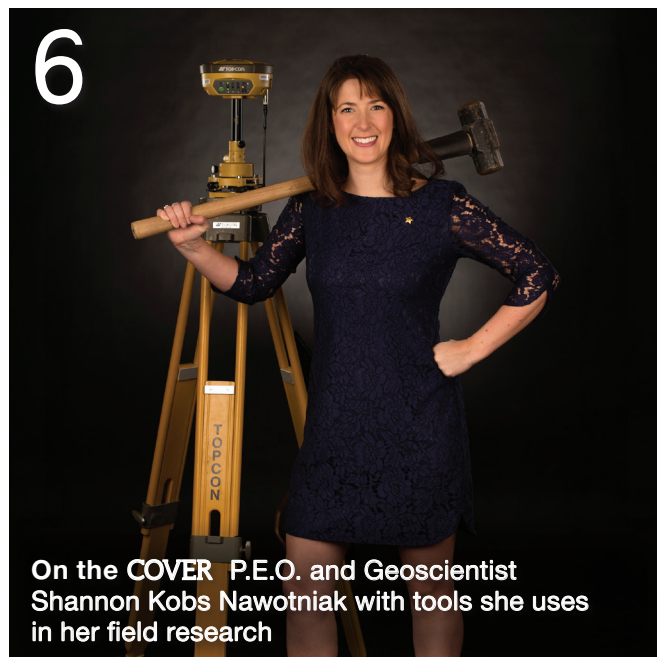
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P.E.O. (Philanthropic Educational Organization) is passionate about its mission:

promoting educational opportunities for women. Our sisterhood proudly makes a difference in women's lives with six philanthropies that include Cottey College, an independent, liberal arts and sciences college for women, and five programs that provide higher educational assistance: P.E.O. Educational Loan Fund, P.E.O. International Peace Scholarship Fund, P.E.O. Program for Continuing Education, P.E.O. Scholar Awards and P.E.O. STAR Scholarship. P.E.O. is headquartered in Des Moines, Iowa.



P.E.O. Educational Loan Fund

Educational Loan Fund (ELF) is a revolving loan fund established in 1907 to lend money to qualified women students to assist them in securing a higher education.



P.E.O. International Peace Scholarship

P.E.O. International Peace Scholarship (IPS) Fund was established in 1949 to provide scholarships for international women students to pursue graduate study in the United States and Canada.



P.E.O. Program for Continuing Education

P.E.O. Program for Continuing Education (PCE) was established in 1973 to provide need-based grants to women in the United States and Canada whose education has been interrupted and who find it necessary to return to school to support themselves and/or their families.



P.E.O. Scholar Awards

P.E.O. Scholar Awards (PSA) was established in 1991 to provide substantial merit-based awards for women of the United States and Canada who are pursuing a doctoral level degree at an accredited college or university.



P.E.O. STAR Scholarship

The P.E.O. STAR Scholarship was established in 2009 to provide scholarships for exceptional high school senior women to attend an accredited postsecondary educational institution in the United States or Canada in the next academic year.



Cottey College

Cottey College is an independent, liberal arts and sciences college for women. Located in Nevada, Missouri, it has been owned and supported by the P.E.O. Sisterhood since 1927.

Individual donors may make tax-deductible gifts to the above mentioned projects or through the P.E.O. Foundation. Checks should be made payable to the project or the P.E.O. Foundation and sent directly to the P.E.O. Executive Office. Donations may also be made online through the website peointernational.org. Look for the "Giving Opportunities" link on the home page.

All P.E.O. chapters are classified by the United States Internal Revenue Service as exempt from Federal income tax, but they are not Section 501(c)(3) charities. Consequently, contributions to P.E.O. chapters are not deductible as charitable contributions for Federal income tax purposes.

P.E.O. is a philanthropic organization where women celebrate the advancement of women; educate women through scholarships, grants, awards, loans and stewardship of Cottey College; and motivate women to achieve their highest aspirations.

For more information visit the website peointernational.org. A reprint of this page is available on the members' website under P.E.O. Projects.





Carol and Rose following Carol's graduation in June 1966

Roommates Again!

As delegates from our respective states, Rose Dunn and I were roommates at International Convention in Indianapolis in October 2015; 50 years earlier we were college roommates at State University of New York at Albany. I graduated in 1966 and moved to Los Angeles, California, to teach business education courses. In 1967 Rose graduated and moved to Casa Grande, Arizona, where she also taught business education courses.

Our experiences varied but we always stayed in touch. Rose lived in Colorado, New York, Virginia, Maryland, Germany, Texas, Utah and eventually retired in Sun City, Arizona, where she is an active member of Chapter BT. I moved from California, to Washington state, to Istanbul, Turkey and Caracas, Venezuela, and retired in Richland, Washington, where I am a member of Chapter DF.



Carol and Rose at the P.E.O. International Convention in Indianapolis in October 2015

Rose became a P.E.O. in 1997 while living in Utah; I became a member in 2011 at Rose's introduction.

It was quite a wonderful coincidence to be roommates again after 50 years!

*Carol Gurwell, DF,
Richland, Washington*

P.E.O.s are Wonderful People!

When my daughter Emily was assigned a six-week hospital rotation for her pharmacy degree in Shelton, Washington, we needed to find a place for her to stay. I contacted to P.E.O. Ellie Nevers, B, Shelton, Washington, who sprang into action to help. Ellie reached out to her chapter and after a series of calls and emails, Emily was invited to stay



From the left: Jan List, Dawn Gray and Emily Gray with Dratini the dog

with P.E.O. Jan List for the six weeks of her internship. Several more ladies from Chapter B expressed interest in bringing food for Emily during her stay. I didn't have to worry about my daughter living in a motel and the icing on the cake was that the rent was all donated to Chapter B for P.E.O. projects! Thanks to Jan who opened her home so wholeheartedly to Emily. P.E.O.s are wonderful people!

*Dawn Gray, DX,
Newburg, Oregon*

Elsie's Accordion

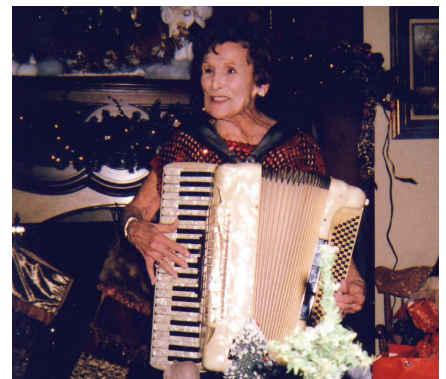
Elsie Anderson was initiated into Chapter GD, Glendale, California, in 1975. During the past 40 years, her impressive leadership record in Chapter GD includes serving as recording secretary, corresponding secretary, chaplain, vice president and president.

Elsie's parents were from Austria and loved the accordion, prompting her to start playing at the tender age of 8.

While Elsie was a student at UCLA, she performed in the auditorium of the Beverly Hills Hotel. One night, while 5-foot Elsie carried her accordion up a flight of stairs, Frank Sinatra walked up to her and asked, "What's a little girl like you doing carrying such a heavy instrument?" He proceeded to take the accordion from her arms and carry it while the two of them made their way to the auditorium.

Elsie worked her way through college, playing USO Tours through Iceland, Greenland, the Azores, Italy, France and Morocco. She continues to play the accordion to this day and has done so at many chapter events and parties and even played at the 2009 Convention of International Chapter in San Diego. My chapter sisters and I thoroughly enjoy watching Elsie perform as she sings and plays.

*Ramona Teichert, GD,
Glendale, California*



Elsie Anderson has been playing the accordion since age 8



The Basque Country Meets Downton Abbey?

I am always amazed at how creative P.E.O.s and their BILs are in finding ways to contribute financially to the causes of P.E.O. I heard from two P.E.O.s who described how BILs helped with their chapters' fundraising dinners.

The Basque Country Dinner

by Jeanne Hultgrenn, BW, Pasco, Washington

This spring our chapter hosted a successful auction to raise money for scholarships and projects. Members were encouraged to donate specialty items for the silent auction. One of the exciting items at the auction was a Basque dinner for eight. My husband and I were invited by the bid winners to participate, therefore becoming winners as well! What a night to remember! The Chapter BW sisters attending the Basque dinner included me, Jeanne Hultgrenn, and my BIL Dan; Susan Harrington and her BIL Richard; Barbara Norris and her guest; and hosts Jocelyn Berriochoa and her BIL Mike.

Well known for their cooking acumen and with the Basque flag hanging high, our own special gourmets, Jocelyn and Mike prepared a five-course dinner sharing unique Basque tidbits about each course. The dinner included tasty Basque appetizers and Picon Basque drinks in their beautiful backyard all the while regaling us with wonderful stories of the old country. We soon learned the Basque Country is the name given to the home of the Basque people in the western Pyrenees Mountains that span the border between France and Spain on the Atlantic coast. While Mike cooked the aromatic main dish in the traditional way over an open fire, our hosts shared their travel adventures to this unique country.

What we can learn and experience through our delightful BILs!



Mike and Jocelyn Berriochoa hosted Chapter BW's Basque Country Dinner

Downton Abbey Dinner

by Nancy Christenson, AB, Phoenix, Arizona

As part of a fundraiser, our chapter auctioned a six-course Downton Abbey dinner (paired with wines) to be held in my home for five lucky couples. The BILs were completely into the evening as Nancy Gerber's BIL Terry carried his grandfather's beautiful cane topped with an ivory eagle; Gail Peterson's BIL Drew wore his tails that had the name of the original owner dating back to 1903 from New York; and Kathleen McCloskey's BIL Paul wore an original Scottish kilt directly from Scotland.

My BIL Ron and I acted as Downton Abbey's Mrs. Hughes and Mr. Carson and functioned as cooks and butlers. Ron was also the perfect sommelier and carriage director. Invited guests included Lord and Lady Eatmore (Nancy and Terry Gerber), Lord and Lady McCloskey of Scotland (Kathleen and Paul), Lord and Lady Bentley (Denise Fuller and Mike Schulte), Lord and Lady Doctor of Drew (Gail and Dr. Drew Peterson) and Lord and Lady of Rosedown (Roselyn and Jay Heckman).

The sumptuous table was set with 10 different place settings of fine china. My grandmother and mother were both P.E.O.s and the table shimmered with three generations of silver. It was a night of such fun for the worthy causes of our P.E.O. sisterhood!



A table worthy of Downton Abbey at Chapter AB's fundraising dinner



Albert Leffler is married to P.E.O. Kathy Leffler, BA, Scottsdale, Arizona

Send BIL submissions to Albert Leffler at albertleffler@gmail.com or 4251 E Shangri-la Road, Phoenix, Arizona 85028-2917



P.E.O. Collaborates with NASA & Champions Girls in STEM Fields

by Becky Frazier, Editor, The P.E.O. Record

Shannon Kobs Nawotniak uses a variety of tools in her work as a geologist—from the low-tech sledge hammer to high-tech precision instruments like the differential GPS

Shannon Kobs Nawotniak, BI, Amherst, New York, is a fourth generation P.E.O. and a self-described lifelong geology nerd. She convinced her parents to let her join a gem and mineral club when she was just five years old, “mostly because I loved things that sparkled,” she says. Shannon gave a program to her mother’s P.E.O. chapter—about rocks—when she was still in elementary school.

Shannon, who is originally from Michigan, graduated from Michigan Technological University with her bachelor of science degree in 2003 and then went on to earn her Ph.D. in geology in 2009 from the State University of New York at Buffalo. She did postdoctoral study at Universidad Nacional Autónoma de México in Mexico City which included studying the Los Tuxtlas Volcanic Field in the state of Veracruz.

Now a professor at Idaho State University (ISU), Shannon teaches physical geology, volcanology and field geology and continues to study volcanoes. “The program at ISU is

wonderful,” said Shannon. “I love the students and the college. Teaching is just so fun! Getting to work with the students and both learn from and teach them new things and figuring out how I can help them get to where they want to be is very fulfilling. Teaching allows for such a wonderful human connection.”

Shannon says the joy in teaching geology is getting to do lots of field work so it’s not limited to stuffy classroom time. At the end of March she led her field geology students on a trip to the Caribbean to the location of an active volcano. They learned how scientists there monitor the volcano’s activity and what they do to protect people living in the area.

Working with NASA

In addition to her teaching duties, Shannon is currently involved with two projects in collaboration with NASA. The first is called FINESSE (Field Investigations to Enable Solar System Science and Exploration). Shannon is one of the science co-leads for the project, which means that in addition to her own science goals she

helps coordinate and prioritize science goals within the large, multi-institutional team.

Shannon explains the FINESSE project, “For most planetary bodies in our solar system, the main processes that influence the development of the planet or moon surface are volcanism and impact events. We’re using volcanoes in southeast Idaho as analogs for volcanic systems on the moon, Phobos, Deimos, and near-Earth asteroids; another branch of the project is studying an impact crater in Canada. On Earth, we talk about lava flows having textures like ‘pahoehoe’ (smooth and ropey surface, like taffy) or ‘a’a’ (sharp and jagged). These textures can occur in the same lava flow, and are a result of changing volcanic processes. There are also a lot of intermediate textures that we have a harder time describing quantitatively. I’m working on ways to deal with that across a variety of data resolutions, since the high-resolution images we can get for Earth aren’t available on the moon or other planetary bodies. Understanding the scalability of lava flow roughness is important not just for understanding the geologic history of other planetary bodies, but also vital for figuring out where we can safely land future missions to Mars.”

The other NASA project in which Shannon is heavily involved is called BASALT (Biologic Analog Science Associated with Lava Terrains). For this project, she is a deputy principle investigator and geology co-lead; in addition to her own goals she has managerial responsibilities coordinating different teams within the project. The team for this project includes scientists, engineers and researchers from across



As a teenager Shannon co-founded a gem and mineral club



Shannon cultivated an interest in rocks and minerals as a child. She presented programs about geology to her elementary school classmates and to her mother’s P.E.O. chapter

NASA and multiple universities in the U.S., Canada and Scotland.

Shannon elaborates, “For BASALT, we are using lava flows in Idaho and Hawaii as analogs for modern and early Mars (early Mars had much wetter conditions than it does now, so the situation for life may have been very different). We want to know how the alteration and weathering of basaltic lava changes the habitat for microbes that live within the rock. Ultimately, this project will guide the search for life on Mars: what rocks should we be looking at, what do we think are the upper limits for life that could live hidden within the rocks. One of the really cool parts about this project is that we’re conducting all of our field work within simulated manned missions to Mars. The Mobile Mission Control Center is coming up to Idaho from Kennedy Space Center in June, and members of the team will be acting as astronauts on Mars, others working as science relays within a ‘Martian habitat’ unit, and others back at Mission Control directing the Mars team. We will be communicating between ‘Earth’ and ‘Mars’ using time delays like we will have during real manned missions to Mars. We’re basically writing the script for the astrobiologic and geologic science that we want to eventually do on Mars.”

Shannon recently learned she will get to play the role of an astronaut in the BASALT field deployment simulations. She said, “I can definitely say it will be a career highlight to get to pretend to be an astronaut!”

Youth Outreach

“I get to pretend to be an astronaut!” is the kind of thing Shannon gets to brag about in her youth outreach efforts, another activity about which she is passionate. Shannon promotes interest in STEM (Science, Technology, Engineering, Math) fields in middle and high schools in southeast Idaho. She does demonstrations and in-class activities—sometimes for entire classrooms and sometimes in programs specifically for young

women. Recently Shannon was the keynote speaker at ISU’s annual Women and Work Conference where area high school girls learn about occupations in STEM fields.

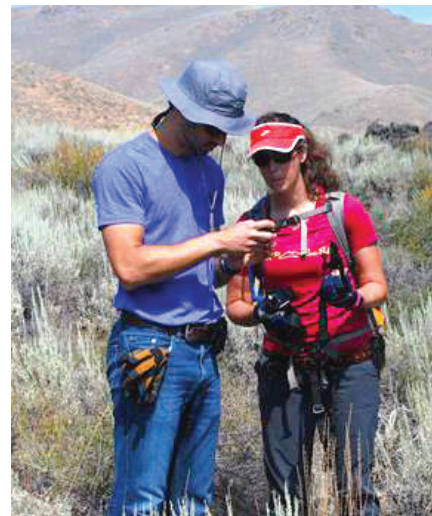
Shannon says, “We’ve come a long way toward leveling the playing field in jobs that have been stereotypically for boys. When I was growing up it seemed like girls were only presented with four or five career options. Now you can tell girls all day long they can do anything but until they see a woman in a particular job, it’s not real to them. It’s important to me to show young women what I do. I especially want to expose young women to geology, which is a nexus science, combining disciplines from many scientific fields—plus we get to go camping and hiking for our jobs! At its core, science is about exploration and curiosity.”

P.E.O.

As someone devoted to helping create new opportunities for women, Shannon is especially appreciative of the mission of the P.E.O. Sisterhood. She says, “One of the really great things about P.E.O. is that these are women who have been on the cutting edge of creating new opportunities for women for over a century. When you’re with P.E.O.s you don’t realize how progressive and adventuresome these women are compared to the women who haven’t had the same opportunities. Creating scholarships, loans and grants for women to achieve their dreams—that’s huge. It means the world to me to belong to an organization that provides opportunities like this for women.”

Shannon became a P.E.O. in August 2000. Initiated into her mother’s chapter, BW, Holland, Michigan, she is a fourth generation sister. P.E.O.s in her family before her include her great-grandmothers Rachael Donahue and Phyllis Larson; grandmothers Janice Donahue and Alyce Kobs and her mother Shae Kobs.

With such a P.E.O. legacy Shannon says, “I was definitely always aware of P.E.O. Some of my earliest memories



Shannon loves getting out of the classroom and taking her students to do fieldwork

are from P.E.O. meetings at my parents’ house. Growing up as a little girl with P.E.O. was fabulous. It meant having a group of women around who were super supportive.”

As an adult Shannon continues to find great value in the supportive network of women in P.E.O. She says, “I love that I have the opportunity to be friends with and interact with woman across all age groups. I love that P.E.O. means there is this well of experience and knowledge and warmth with these wonderful women. We support each other and cheer each other on and it is so sincere.”

P.E.O. connections also played a key role in Shannon’s personal life; a P.E.O. sister she met at a Founders’ Day event in New York introduced her to her husband Bart Nawotniak. Shannon later returned the favor and introduced that same P.E.O. sister to her husband.

Shannon is an accomplished distance runner; she recently finished her first ultra-marathon—a 34.2-mile run in Arizona through canyons and along cliffs near the Grand Canyon. In addition to running, hiking and camping, Shannon enjoys spending time with her husband and two dogs and is an avid reader. 🌸

Goals, Strategies and Tactics: The Building Blocks of Leadership



by the Ad Hoc Committee for the P.E.O. Leadership Initiative

1. Has your local chapter set goals for the new P.E.O. year and current biennium?
2. Do your chapter goals help achieve the goals of your state, province or district?
3. Do your goals support International Chapter's goals of strengthening chapter vitality and philanthropic vitality throughout our sisterhood?

If you answered no to any of these three questions, the Leadership Development Initiative has a resource to help you build goals that will energize your chapter and help you succeed. Go to the Leadership web page and choose Leadership Resources from the drop down menu or go to peopleadership.org. Under

Productivity, choose Goals, Strategies and Tactics. This 16-minute video will help you define and deliver **SMARTI** goals—goals that are **S**pecific, **M**easurable, **A**ttainable/**A**ccountable, **R**elevant, **T**ime-bounded and **I**nspiring. Visit your state/province/district website and the P.E.O. International website for information about questions two and three. Local chapter goals that are aligned with the goals of your state, province or district and the goals of International Chapter are strong goals that can have an impact throughout the Sisterhood and beyond. Use the building blocks of leadership to build a tower of strength and vitality in the goal-setting process. When you share and communicate those goals with focus and clarity, you will transform that tower into a beacon of love and education for all women who “reach for the stars.”

The future viability of our sisterhood ultimately depends upon the commitment of each local chapter

to nurture the special relationships between sisters and the vitality of chapter life. It also depends on the local chapter's support of the P.E.O. philanthropies and Cottey College. The power of almost 6,000 local chapters can build a strong foundation for future generations of women around the globe. Building that future by setting meaningful, effective and attainable goals reinforces the biennial theme, “We are becoming what we are to become.” Help P.E.O. “become” in **your** P.E.O. world. 🌸

LEADERSHIP TIP

Leaders envision the future beyond their lifetimes and ask, “What is possible?”





The World of Scouting: There's More to it Than You May Think

by Meghan Pierson, BF, West Chester, Pennsylvania

Meghan worked as a Ranger at Philmont Scout Ranch in New Mexico, leading hikes and guiding crews through backpacking procedures and wilderness protection

My name is Meghan Pierson and I am a scout. I am a 20 year-old chemical engineering junior at Cornell University and I am actively involved in World Scouting. In addition, I am a P.E.O. and a 2012-2013 STAR Scholarship awardee!

The World Organization of the Scout Movement is a confederation of Scout organizations including the Boy Scouts of America. This past summer, the 23rd World Scout Jamboree was held in Kirara-hama, Yamaguchi Prefecture, Japan, where 33,000 scouts from around the world gathered for two weeks to make international memories. Each day participants, age 14 to 17, learned about the science, culture and diversity of this world and the host country Japan while making international friends. Many scouting programs throughout the world are co-ed, so World Jamborees are attended by girls and boys alike. Venturing is the co-ed program of the Boy Scouts of America for 14- to 21-year-olds, and is our equivalent to other world scouting programs.

World Scout Jamborees are held every four years and the next one will be held in North America, hosted by Scouts Canada, Scouts of Mexico and Boy Scouts of America, at the Summit Bechtel Reserve in West Virginia, USA.



Meghan at the World Scout Jamboree in Japan

I am the female American on the Youth Promotional and Planning team for the next World Scout Jamboree in 2019. Our team consists of nine youth from the three host countries and we attended the Japan Jamboree this summer as staff to promote our upcoming Jamboree in four years. We manned the 2019 World Scout Jamboree booth, presenting in our three official languages: Spanish, French and English. I tested my elementary French skills and intermediate Spanish skills when I presented in French and

conducted a question and answer session in Spanish. We attended planning meetings to observe the operations in Japan. Our team also ventured to Hiroshima and Yamaguchi to experience the depth and beauty of Japanese culture.

The highlight of our time in Japan was the Closing Ceremony, where the Japanese passed the World Organization of Scouting Movement flag to our team. I had the opportunity to address the 33,000 participants of this summer's Jamboree, inviting

them to the 2019 Jamboree. Then, all together, we took the first selfie of the 24th World Scout Jamboree.

However, our jobs did not end in Japan; in fact, we are just getting started. We manage the social media accounts for the 2019 World Scout Jamboree to build enthusiasm for this upcoming world event. We will also be attending regional jamborees around the world for the next three summers, including the Canadian Jamboree and the Boy Scouts of America National Jamboree in summer 2017.

Venturing also provides opportunities for high adventure activities domestically. Before heading to Japan, I worked as a Ranger at Philmont Scout Ranch, one of three National High Adventure Bases of the Boy Scouts of America. In its 77th season this summer, Philmont welcomed 22,000 participants to backpack through the 240,000 acres of backcountry in northern New Mexico. I was a participant of a 12-day trek in 2010 and of a 21-day girls-only special trek in 2014. As

a Ranger this summer, I led eight crews for their first three days on the trail, guiding them through backpacking procedures and wilderness protection. I was one of 30 women in the 300-person Ranger department.

Scouting does not stop at 18, is not only in the United States and the boys are not the only ones who embrace the dirt. Scouting instead is an opportunity for girls and boys alike to experience our world and our earth in new ways. 🌻

Meghan Pierson, BF, West Chester, Pennsylvania

by Becky Frazier, Editor, *The P.E.O. Record*



Meghan was one of 30 women in the 300-person Ranger department at Philmont Scout Ranch

When Chapter BF, West Chester, Pennsylvania, recommended Meghan Pierson for a STAR Scholarship in 2012, they knew she was someone special. In her recommendation letter, Chapter BF member Andrea DeVries wrote about Meghan, who was then a senior at Unionville High School in Kennett Square, Pennsylvania, “She exudes scholarship, leadership and talent in all areas of her life...Her contributions to local, national and even international communities

plus her extracurricular activities, serve as a model toward which all should aspire.”

Currently studying abroad in Spain, Meghan continues to exude the attributes that helped her become a successful STAR scholar four years ago. This is only the second year that Cornell has offered a study abroad program for chemical engineering and Meghan is taking full advantage of it. Not only does she get to study in her field of choice, she gets to experience a culture one-on-one, which is one of her ongoing aspirations.

Meghan will return to Cornell in May with plans to do a summer internship with Mondelez International, a multinational food and beverage company. There she will learn about food engineering; Meghan is interested in working internationally with food and wine production. After earning her undergrad degree from Cornell she plans to stay on to get her master's in chemical engineering and has her sights set on possibly getting her MBA after that.

In her free time Meghan enjoys staying active—she's into backpacking, hiking and dancing. She's on the competitive ballroom dance team at Cornell.

P.E.O.

Meghan grew up knowing about P.E.O.—her mother Denise Pierson, BF, West Chester, Pennsylvania, has been a P.E.O. since 1998. Meghan says, “As a young girl I really looked up to these women [P.E.O.s]. I felt a connection to them—some of my greatest role models are P.E.O.s and it was an honor to join them when I turned 18.” Two months after her 18th birthday, in 2013, Meghan was initiated into her mother's chapter.

Since she's been at Cornell, Meghan has had the opportunity to attend P.E.O. meetings in Ithaca. She says, “It was really great to go into a P.E.O.'s home and meet women in the community. That kind of international connection is really special and I've met some incredible women. It's amazing to know there are P.E.O. connections everywhere.”

Meghan continues to receive support and encouragement from her home chapter—she gets the chapter's newsletter, keeps in touch via Facebook and gets together for lunch with her P.E.O. sisters when she is home for visits.

In her STAR Scholarship application essay Meghan wrote, “I plan to weave...languages, engineering and leadership into one career...to help the citizens of the world...I want to understand a society from the ground up, starting with individuals, who can enlighten me on their cultures as a whole. I plan to use my combination of languages to communicate more effectively with my co-workers: speaking the technical language of the engineers and the actual language of the locals.” When reminded of these things she wrote in high school, Meghan paused in reflection and said, “Wow. Dreams really do come true.”



Kidney Donation Takes Bond of Sisterhood to New Heights

by Sandy Rapp and Kathy Berberet, IY, Freeport, Illinois

Kathy Berberet (right) donated a kidney to her friend and P.E.O. sister Sandy Rapp (left).
Copyright © Hillside Studio

P.E.O.s Sandy Rapp and Kathy Berberet, both members of Chapter IY, Freeport, Illinois, have been friends and neighbors for over four decades. They've been through a lot together—good times and bad. When Sandy learned she needed a kidney transplant, Kathy offered to be tested to see if she was a match; she was, and in an extraordinary gesture of sisterly love and friendship, donated her kidney to Sandy.

Sandy's Story

When I was diagnosed with kidney failure, an illness inherited from my mother who died from it, my doctor recommended I meet with a nutritionist and attend informational meetings on kidney dialysis and transplants, which were all offered through his renal clinic. As a result, I was able to maintain minimal kidney function for three years.

In January 2015, however, my doctor said it was time to look into a kidney transplant as my kidneys were failing. After being tested and interviewed at the University of Wisconsin-Madison, I was on the list for a kidney transplant. I was told it could take up to three years to find an acceptable donor who was either braindead or deceased. My doctor strongly suggested I look for a live donor, as it is a better option which would allow a transplant to occur more quickly. In addition, if a live donor was found, I wouldn't have to go on dialysis.

Up to that point, I had not told anyone I had kidney disease so this was a major step. My sister was the first one I told—after being tested, she was not a candidate. Then one morning over coffee, I mentioned to Kathy Berberet, my P.E.O. sister and best friend, that I needed a kidney

and was looking for a donor. She said she would do it. I was overwhelmed with emotion and could not believe that she would do that for me. What a sister!

Things happened rather quickly after our conversation and we each had surgery a few months later. Recovery was estimated to be about a month before either of us could get back to some normalcy. During that time, our P.E.O. chapter, IY, Freeport, Illinois, established a "food train" online so we would receive dinners every night for about three weeks. What a treat! The meals were delicious and it was great to see and visit with P.E.O. sisters when they delivered our dinners.

We also received many cards and phone calls from our sisters in P.E.O. We truly have a caring sisterhood. The whole process was a miracle for me and I am extremely thankful to have a donor sister and to be a part of the P.E.O. Sisterhood. The response of our chapter truly expresses a loving concern for each sister.

Kathy's Story

What did I know about organ transplants or organ transplantation? And how did that mesh with the principles of P.E.O. and the Sisterhood?

Looking back, when I first became a member of P.E.O., I had no idea the part it would play in the course of my life. I learned that P.E.O. is an organization that stresses the many fundamental principles of our

our families at the same schools and attending the same church, we formed a strong friendship.

In addition to being neighbors, we both became P.E.O. sisters within two years of each other—I became a member in 1973, Sandy in 1975. What followed set us on a path toward many years of becoming one in heart and spirit.

We walked together three mornings a week for more than 20 years, through all kinds of weather. We built a relationship discussing the most mundane topics as well as those issues that affected us in our daily lives and formed a bond of friendship and caring.

Over time, the objects and aims of our sisterhood began to take on stronger meaning in relationship to the many happenings among our sisters in Chapter IY—loss of spouses, children, employment and other life issues. Together, these brought home the realization that we are truly sisters in heart and spirit.

More recently, the walks became sporadic and were replaced with morning coffee. The talks, however, continued. Over one of our coffees one day, Sandy revealed that she had kidney disease and it was progressing to the point of requiring a potential kidney transplant. Doctors encouraged her to pursue getting on the national transplant list. It then became apparent that for Sandy to receive a kidney, the process would involve a long wait with many obstacles to find

"I am extremely thankful to have a donor sister and to be a part of the P.E.O. Sisterhood."

— Sandy Rapp

Founders that relate to women, to education and to growing in charity and love.

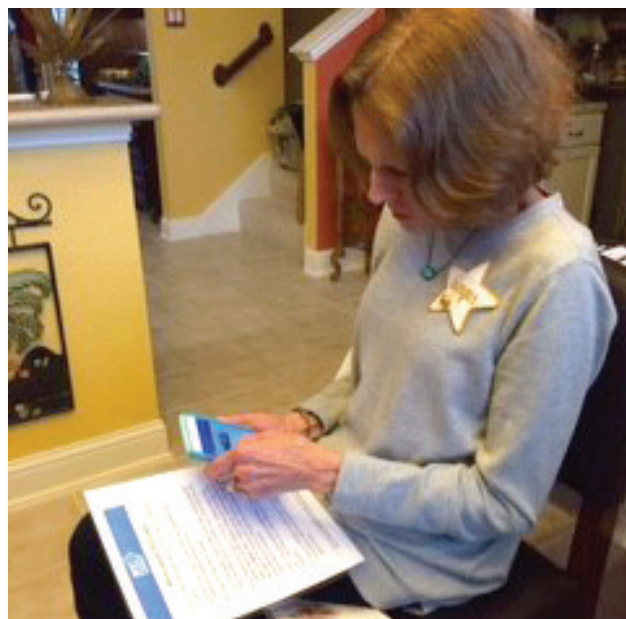
My relationship with Sandra Rapp began 44 years ago when she became my next door neighbor. Over the course of many years, in raising

a match. She was encouraged to explore finding a live donor. As a result of our many miles traveled, long history, enduring friendship and P.E.O. bond of sisterhood, it was only natural that I offered to be tested. 🌸

Chapters are Getting Excited about Using My P.E.O. Connect!



Montana State Chapter has shared convention details, messages from the president and greetings from the board.



Chapter IY, Frisco, Texas, "lined 'em up and signed 'em up" at a recent chapter meeting to get sisters on board with using the new tool.

Ready to get started? Go to **www.mypeoconnect.org** and follow the instructions to log in.

As of this printing, My P.E.O. Connect accounts have been created by **8,800 sisters**; **852 local chapters** have posted on their profile page; and **19 state/provincial/district chapters** have posted in their news feeds!

My P.E.O. Connect does **not** replace the members website. You can still go to **members.peointernational.org** to access P.E.O. resources.

Please note that the information for the members website has not changed—you do **not** need your member ID or chapter code to log in to the members website directly.

P.E.O. in My Life

by Vanessa Madrid-Martinez, IL, Kerrville, Texas

P.E.O. has been a significant part of my life since I was in high school in California. My high school mentor introduced me to Cottey College. I received a local scholarship that allowed me to visit Cottey during C 4 Yourself Weekend, after which I decided to attend the College. I was blessed to receive a significant California P.E.O. Scholarship, along with other local scholarships for my volunteerism and leadership, which facilitated my education at Cottey.

The next two years of my life were completely focused on academics and volunteerism, which I value dearly. I had absolutely wonderful professors and made some loving friends. Upon graduating from Cottey, I returned to California and graduated from The University of California, Davis.

One of the wonderful women I met at Cottey, Patricia Martinez, told me shortly after we met that she wanted to set me up with her brother. Lo and behold, four years after graduating from Cottey, I moved to Texas upon my engagement to Patricia's brother.

It is impossible to describe what a positive effect P.E.O. has had in my life—even before I was a member, but since then, the Sisterhood means so much more to me and I feel inspired to pay it forward.

Texas was a completely different culture than I was used to. A couple weeks into my time in Kerrville, Texas, I ran into a fascinating woman, Jane Killebrew, and after about an

hour talking in an aisle of a store, she found out I was a Cottey alumna and I found out she was a P.E.O.—it was perfect! From that moment on, I felt so much more at home and P.E.O. Chapter IL eventually invited me to become a member.

During the remainder of my time in Texas, before my husband and I decided to move back to be with my family in California, I was busy planning our wedding. My sisters from Chapter IL were so loving and caring and hosted a bridal shower for me—what a gift! I was honored to have the presence of multiple sisters at my wedding.

For our honeymoon, my husband and I stayed at P.E.O. bed and breakfasts from Mississippi to Florida. We met wonderful sisters and BILs!



Jane Killebrew (left) pins an emblem on Vanessa Madrid-Martinez

It is impossible to describe what a positive effect P.E.O. has had in my life—even before I was a member, but since then, the Sisterhood means so much more to me and I feel inspired to pay it forward.

I have returned to my hometown of Galt, California, and I look forward to joining a chapter and meeting prospective Cottey students. I hope I can mentor and encourage women to consider attending Cottey College as it was a life-changing experience for me. I also treasure Jane Killebrew who, because of her kindness to me as a stranger in a new town, will be my dearest sister and forever friend. 🌸

Moments make the journey: Jane Johnson summits Kilimanjaro

by Melanie Wiseman, Beacon Senior News, Grand Junction, Colorado



At age 52, P.E.O. Jane Johnson summited Mount Kilimanjaro

According to Jane Johnson, climbing Kilimanjaro, Africa's highest mountain, "is no different than walking the Riverfront Trail." Wait, really?

Taking on the challenge

"I'm not obsessed with exercising, but I like to keep myself in shape so if somebody says 'Let's go do this,' I can do it," Johnson, 52, said.

Johnson enjoys doing little adventures out of her comfort zone. One such challenge was climbing Mt. Hood in Oregon five years ago with her sister-in-law and Stacey Allison, the first American female to summit Mt. Everest.

"You get that euphoria when you get to the top of the mountain that you just can't explain to anyone," Johnson said.

Last fall Johnson attended a presentation by mountaineering guide Jeff Evans at Colorado Mesa University. Evans guided Erik

Weihenmayer, the first and only blind person to summit Mt. Everest. He also led a relative of Johnson's, who is deaf and legally blind, up Kilimanjaro. Johnson connected with Evans after the presentation and he invited her on his August 2015 Kilimanjaro trek.

"He only participates in one Kilimanjaro climb each year," Johnson said. "He's an ER physician's assistant in addition to all the other things he does, so he was a good fit if anything went wrong since I've never been up that high before. Seventy percent of how your body is going to adjust to the elevation is genetic. Even though I'm fit, there's that unknown about what my body was going to do."

Ready for the challenge, she accepted the invitation.

"What they say is you can't get acclimatization until a month before, so anything you do prior to that has

physical benefit but no acclimatization," she said.

To prepare, Johnson added two big hikes a week over the summer to her exercise routine.

A month before the trip, Evans provided a weekend training hike near Breckenridge where they stayed two nights at 10,000 feet. Two weeks later, Johnson did the 80-mile Copper Triangle bike ride over three mountain passes in the same area.

The little city that climbed

After several days of travel via train, automobiles and planes, Johnson made her way to Tanzania via Ethiopia to meet the group of people she would be spending the next seven days with on Mt. Kilimanjaro.

"Our group was made up of 26 people from all walks of life," Johnson said.

In addition to the 26 climbers, the group had 75 porters carrying food, tents, sleeping bags, porta-potties, tables and chairs.

"We were like a little city," she said.

Mt. Kilimanjaro is comprised of three dormant volcanic cones rising from 3,340 feet above sea level to its peak at 19,341 feet. The first recorded ascent to the summit was in 1889. The mountain is part of the Kilimanjaro National Park and has been the subject of many scientific studies because of its shrinking glaciers.

Johnson's group hiked through rainforests, pinyon pine terrain and open, arid landscapes.

"On the top were glacier fields," she said. "You go through all five eco-zones on the way. One day we hiked in total fog. We were right at cloud level."

The group averaged six to seven hours of hiking each day.

"Jeff's philosophy is to go slow and let your body try and acclimatize on its own," Johnson said. "Climbing at a conversational pace allows you to recover each day and start the next day feeling good. It's easy terrain with sure footing. Local hikes like Liberty Cap in the Monument are much harder than Kilimanjaro."

Climbers have their choice of seven official trekking routes.

"We hiked the Machame route," Johnson said. "It was 33 miles in length, middle of the road in difficulty, one of the most scenic and one of the best for acclimatizing. We started at one entrance to the national park and exited another."

The lowest temperature at night was right at freezing and days were sunny, in the upper 50s and low 60s. Dressing in layers was key. Food was plentiful and full of carbs.

Every trip has its memorable moments. For Johnson, arriving at camp late afternoon and having popcorn and something warm to drink

was one. A less pleasant memory was the accidental spilling of the nighttime pee container all over her tent and its contents at the beginning of the trip.

"Everyone got out of the trip what they wanted to," Johnson said. "Some kept more to themselves. I love to meet people and be more present."

The summit

"Groups that go faster on shorter routes have a 50 percent summit rate," Johnson said. "With Jeff Evans' groups, the summit rate is 90 percent because he takes it slow."

They summited on day six and 22 out of the 26 in the group made it.

The oldest in the group was a 66-year-old woman who had trained for the whole year prior.

"Hiking was not her thing and she wasn't comfortable with the equipment or what to wear," Johnson said. "She got to the summit and broke down in tears. She said, 'My family said I couldn't do this, shouldn't do this, and I'm on top of the mountain.'"



Jane's group hiked one of the most scenic routes up Kilimanjaro

Our guide was crying. It was the most inspirational moment on the whole trip and was caught by pure accident on video so her family was able to see it."

According to Johnson, it was moments like these, more so than the hike itself that truly made the climb up Kilimanjaro an experience of a lifetime. 🌸

Excerpted from an article that appeared in the September 29, 2015 issue of the Beacon Senior News, Grand Junction, Colorado. www.BeaconSeniorNews.com. Reprinted with permission.

Jane Johnson, N, Grand Junction, Colorado

by Becky Frazier, Editor, The P.E.O. Record



Jane has been a P.E.O. for 14 years

Jane Johnson grew up in South Bend, Indiana. She graduated from the Purdue University College of Pharmacy and worked as a pharmacist for several years. After college Jane moved to Washington, D.C., where she worked in a hospital. It was there she met her husband Mark. Mark's job, in sales and marketing, had the family on the move—from D.C., they returned to Indiana for 12 years, spent six years in Colorado, moved to Orlando, then Milwaukee and have been back in Colorado since 2013. Jane, now retired, and Mark have a daughter, Emma, a senior in high school who will be attending the University of Wyoming this fall.

Julie Lawson, Jane's close friend, introduced her to P.E.O. in 2002. She was initiated into Chapter X, South Bend, Indiana, in 2002. Jane says, "I really love to meet people. The ladies in Chapter X were so interesting. It was a large chapter and I couldn't believe how interesting all

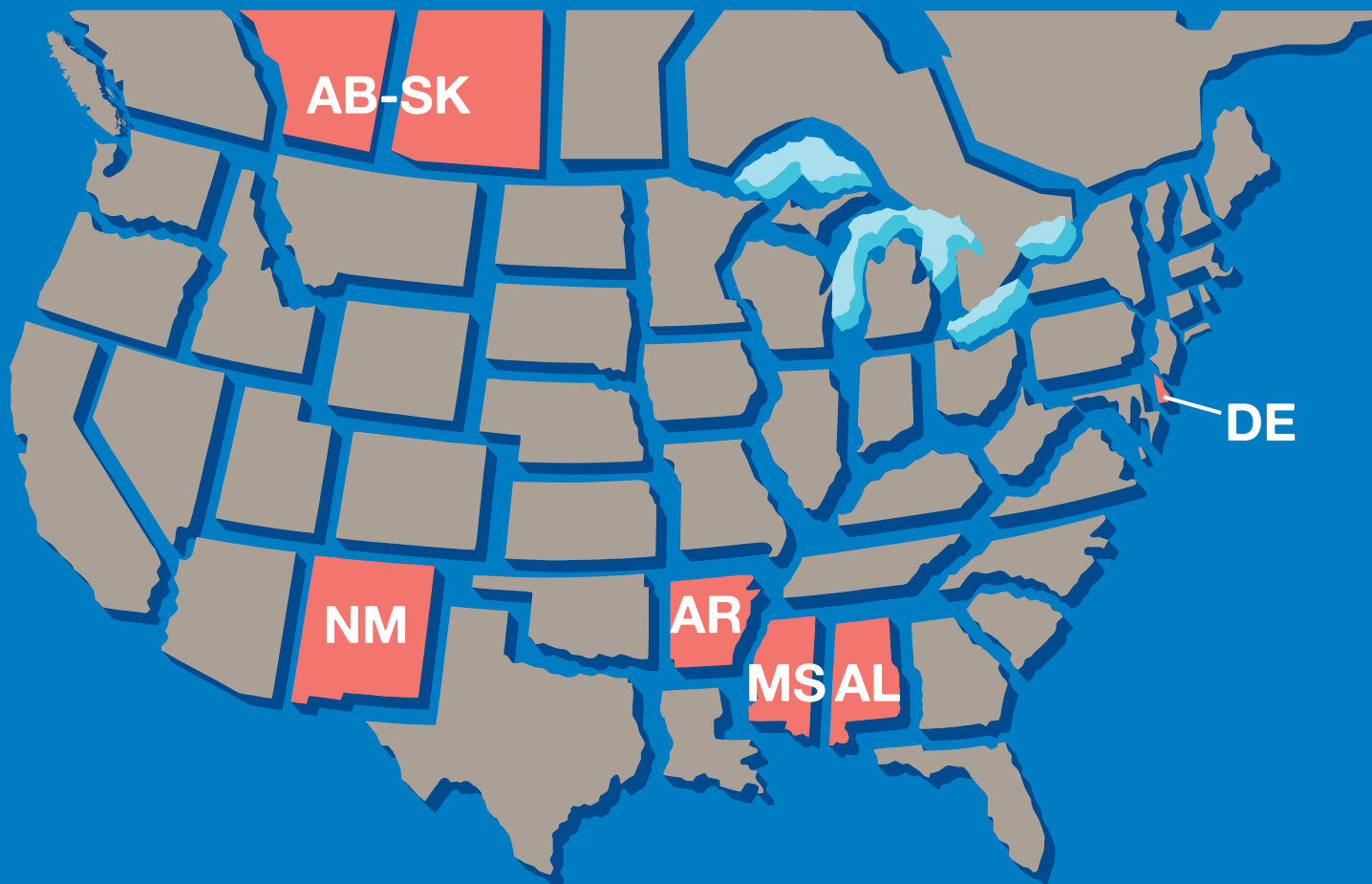
these women were, from all walks of life. Being in South Bend, a college town, there were people from all over. The women were so kind and welcoming."

Jane transferred her P.E.O. membership to her current chapter, N, Grand Junction, Colorado, where she is an active sister. She is a member of her chapter's ELF committee and has served as treasurer, corresponding secretary and recording secretary. She says of P.E.O., "I love the organization; it brings a lot of joy to my life."

Other volunteer commitments keep Jane busy—she is a mentor to a young woman in a big-sister/little-sister organization, is the volunteer coordinator for the local high school booster club and is the treasurer of a golf league. In addition, she and her husband are currently hosting a foreign exchange student from Finland.

Jane takes full advantage of the active outdoors lifestyle in Colorado where she hikes, skis and cycles. Her future travel plans include a hike in South America and a return to Africa. She said, "I loved Africa. I can't wait to go back! I didn't get to spend as much time there as I wanted when I climbed Kilimanjaro."

Gallery of Presidents



Shirley Paramore

Alabama

Pursue Every Opportunity

Shirley Paramore was initiated into Chapter CH, Dayton, Ohio, in 1999. She is now a member of Chapter T, Birmingham, and has served in several chapter officer positions as well as on the state finance and state audit committees. Shirley had the privilege of acting as president to initiate her 93-year-old mother and her daughter as P.E.O.s in September 2015.

Born and raised in the Troy/Brundidge area of Alabama, Shirley attended Troy University where she was a charter member (1966) of one of the first sororities on campus, Kappa Delta. She earned her Bachelor of Science degree in mathematics and taught middle school for one year. During that year, she married her college sweetheart, Wade. His sales job with a Fortune 500 company moved them to five different cities in six years, finally settling down with another company for 21 years in York, Pennsylvania, where they lived until 1998.

In 1987 Shirley earned her accounting degree at York College of Pennsylvania, sat and passed the CPA exam and had a 13-year career in public accounting. When Shirley's family returned to Alabama in 2000, she started working as a tax accountant with Crowne Partners, Inc., where she continues to work part time.

Shirley and Wade have been married 50 years and have two children: Dr. Christy Edwards (Ward) and Jason (Rose Mary—a P.E.O. Program for Continuing Education recipient) and five grandchildren. Shirley enjoys spending time with her grandchildren, attending a weekly Bible study, reading and traveling.



Betsy Cornwall

Alberta-Saskatchewan

P.E.O. Our Tree of Life: Deeply Rooted, Branching Out, Reaching for the Stars

Betsy Cornwall was initiated into Chapter AD, Sandy, Utah, in January 2001. She has lived in 17 cities in 14 states/provinces. She has been in chapters in Iowa (LH), Washington (DT), British Columbia (Z) and now is in Chapter Q, Edmonton, Alberta-Saskatchewan.

Although not formally introduced to P.E.O. until 1999, Betsy married into a P.E.O. family. Her husband Tom's mother, both grandmothers and great-grandmother were P.E.O.s as are both his sisters. Betsy and Tom have six grown children and four grandchildren with a fifth one due in May.

Betsy graduated from Mary Hitchcock Memorial Hospital School of Nursing, Hanover, New Hampshire, and Arizona State University, Tempe, with a B.S. in family resources and human development. Betsy spent much of her career as maternity nurse, childbirth educator and lactation consultant. She has also been a Girl Scout leader/trainer, CPR/First Aid instructor, church secretary and worked on two Winter Olympics, Salt Lake City and Vancouver. She is currently the office manager of a chiropractic clinic. Betsy loves to cruise, quilt, sing, read and spend time at the lake.

Betsy's biggest P.E.O. thrill was being narrator of the Canadian 100th Anniversary presentation at the Convention of International Chapter in Saint Louis in 2011.



Melissa Anthony

Arkansas

Women Empowering Women: Celebrate... Educate... Motivate

Melissa Anthony studied music at the University of Arkansas with an emphasis on voice performance and education. While at the University, Melissa had the opportunity to travel and perform representing Arkansas and the U.S. in Mexico and Canada. She has also performed at the Kennedy Center in Washington D.C. and the World Expo in Toronto, Canada.

Melissa married her college sweetheart and moved to Harrison, Arkansas. Being a newlywed and moving to Harrison was providential to introduce Melissa to P.E.O. She was initiated into Chapter H, Harrison, Arkansas, in 1980 where she received tender love and care that built a strong foundation in P.E.O. Career changes and a divorce opened up the opportunity to transfer to Chapter P, Van Buren and to become a charter member of Chapter CK, Little Rock, where she also initiated her two daughters. Melissa is very active in her chapter and has held numerous local chapter offices and served on state committees.

Melissa married her husband Robert in 1996, and together they have four children and four grandchildren. After retirement in 2008, they moved to the country and enjoy trying to become ranchers working with horses, dogs and chickens! Melissa and her husband love to travel in their Airstream travel trailer exploring, fly-fishing trout streams and rivers in the west.

In her free time Melissa enjoys hiking, antiquing, quilting, knitting and spending time with her friends and family, especially her 1-year-old grandson!



Gallery of Presidents

Karen L. D'Eramo

Delaware

P.E.O. Fills Your Heart with Hope & Happiness

Karen L. D'Eramo

was born and raised in West Chester, Pennsylvania, and moved to Delaware shortly after high school with her mother and stepfather. She attended Immaculata College (now University) and graduated in 1987 with a B.A. in economics/business. Karen began a banking career in customer sales, service and lending. She met her BIL Dominick during college; they were married in April 1991.

Karen was introduced to P.E.O. by coworker Susan Nickel and was initiated in 1993 into Chapter K, Wilmington, Delaware. She held many committee positions, co-chaired a state convention, served as local chapter chaplain, recording secretary, vice president and president.

Karen left her banking career after eight years and has been a full-time caregiver to her family. Her daughters are Stephanie, an R.N. in critical care; and Anna, a sophomore studying finance, accounting and management information system. Karen remained active throughout her daughters' education and extra-curricular activities: Brownies and Girls Scout Troop Leader, team manager for both club and school soccer and basketball, co-chairing numerous fashion show fundraisers and volunteering annually at her church's Italian Festival.

Karen recently celebrated 25 years of marriage to her BIL Dominick. Her happiest pastimes include family vacation at the beach, where she collects seashells and heart-shaped stones. She currently works part time at the local library. Karen was empowered by the profound sisterhood at her first Convention of International Chapter in Indianapolis.



Lynette Curry

Mississippi

Celebrate . . . P.E.O. Mississippi, Proud Past— Promising Future

Lynette Curry received the gift of P.E.O. from Chapter D, Biloxi, Mississippi, in 2002. She has served as president, vice-president and treasurer of her chapter and chairman of the state audit committee and chairman of the Mississippi State Convention in 2010. She is grateful for the nurturing of Chapter D, Mississippi, where she has been privileged to know and work with five past state presidents.

A native Mississippian, Lynette graduated from the University of Southern Mississippi with a B.S. and M.S. in home economics education and attended the University of Illinois for further graduate work in family economics. After several years of teaching at the secondary level in Mississippi and New Orleans, Louisiana, Lynette returned to the University of Southern Mississippi where she taught for 16 years. Her husband, Allen, a retired school administrator, has three grown children, and they have been gifted with three beautiful grandchildren. Lynette and Allen enjoy spending time at their beach house in Gulf Shores, Alabama, River Boat cruising and perusing estate sales. They enjoy their two Australian Terriers, Brizzi and Bailey, and their loveable cat, Miss Kitty. During her rare leisure hours, Lynette enjoys reading, cooking and gardening.

Lynette thanks her husband for his loving support which allows her to be the busy, involved person she is. She feels that we should celebrate every day our gift of life through family and friends and the gift of P.E.O. through active chapter participation.



Marylou Ruud

New Mexico

Our P.E.O. Journey

Born in Colorado, Marylou Ruud grew up in a small agricultural town

in north-central Kansas. She received her B.A. from Fort Hays State University in Kansas, and later, after completing her graduate work at the University of California, Santa Barbara, she was a professor of medieval history and director of women's studies at the University of Florida at Pensacola, Florida. After retirement, Marylou and her husband Doug Chevrier moved to Albuquerque, New Mexico, where Doug had grown up.

While living in Southern California, Marylou was introduced to P.E.O. by a good friend from New Mexico. She was initiated into Chapter RY, Escondido, California, in 1974 and now looks forward to becoming state president in the same state where her friend's mother was president in 1975-76. Marylou's 42 years as a P.E.O., have taken her through several states and six chapters, and she cannot imagine her life without her sisters. Currently, she is a member of Chapter AD, Albuquerque, New Mexico.

In retirement, Marylou has become a volunteer for the Assistance League of Albuquerque, serving as president in 2013-14. For relaxation, she enjoys yoga, walking and reading. Marylou and Doug get together frequently with daughter Amy, who is an insurance agent in Albuquerque, and son Brandon, who lives north of Chicago and is a curator at the Milwaukee Art Museum. Travel to many areas in the U.S., Europe and Africa also have blessed Marylou's life. 🌸



Artist Profile: Sherry Mason

by Becky Frazier, Editor, The P.E.O. Record

Sherry Mason, CA, Wichita Falls, Texas, creates unique pieces of art born out of her penchant for doodling. “It would drive my teachers crazy,” Sherry said of her doodling habit. “They thought I wasn’t listening but I was!”

On a track scholarship, Sherry attended the University of New Mexico for two years before transferring to New Mexico State University where she earned a degree in journalism with an emphasis in advertising. She worked as a graphic artist and copywriter for a local paper, then for an ad agency before she decided to be a stay-at-home mom.

Busy with family activities for many years, it was a local contest that recently got Sherry interested in art again. She explains, “A local group put on something called ‘The Mane Event’ where they called for artists to paint a horse. My design was

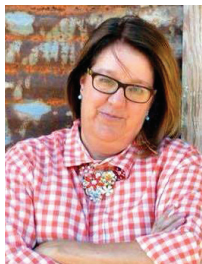
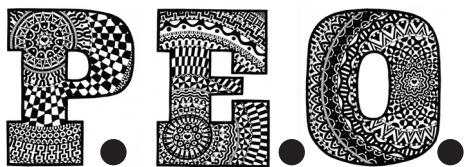


Sherry created P.E.O.-themed notecards as a fundraiser for her chapter

one chosen and that catapulted me back into the art world. After that, the Kemp Center for the Arts started asking me for contributions for auctions.”

Sherry’s work is all done with pen and ink. She says she is inspired by

quotes and, probably due to her journalism background, likes having words with the images she creates. She signed with an art licensing company and a t-shirt company recently purchased 15 of her designs.



Sherry Mason

time to be involved, I appreciated they were there!”

Sherry has served as her chapter’s treasurer for many years and has given several programs. She presented the Founders’ Day program this year, writing a parody of Dr. Seuss’ “Oh, the Places You’ll Go!” called “Oh, the P.E.O.s You’ll Know!” In addition, Sherry has created custom notecards as a fundraiser for her P.E.O. chapter. Featuring her unique owl designs, the cards say, “Owl You Need is a Sister!”

“I’m really happy I became a P.E.O.,” says Sherry. “It’s a group of women I wouldn’t have met otherwise. The age difference is nice. When I first joined we were a chapter of mostly older ladies but now we have members of all ages and get to throw wedding and baby showers. I love the older ladies too—we all have so much in common, even across generations and the older generations have so much wisdom. I love that saying about what you give to something is what you get out of it. That is so true of P.E.O.”

Sherry and her husband Roy have been married for 35 years and have two sons—Sam, 28 and Riley, 25. Sherry now works as an attendance clerk at a middle school. In her free time she enjoys walking, reading and traveling—she and Roy are going to Ireland this year. 🌸

P.E.O. Record Submission Guidelines

The P.E.O. Record receives most of its content from members of the Sisterhood. Sharing the experiences and accomplishments of our members is what makes The P.E.O. Record so special. We strive to publish a variety of submissions and are always looking for a unique mix of stories to blend with our regular features.

If you or any of your P.E.O. sisters have a story worth sharing, please consider submitting it to The Record—we couldn't create this magazine without YOU!

Submission Checklist

Please consider the following before sending your submission:

Have I included all the necessary information?

Each section of The Record requires different materials—see the following specific guidelines. Check to make sure you have included all information needed. In addition, please include your name, mailing address and telephone number or email address. Material will not be published without the name of an author or contact person who is responsible for ensuring the information is correct.

Guidelines

General Interest

Articles of general interest by or about active members of the Sisterhood are encouraged. Material chosen for publication may be edited due to style or space restrictions.

Include:

- an objectively written article
- photo(s)

Did the event or news happen more than six months ago?

Please submit news in a timely fashion.

Authors

P.E.O. authors whose works have been published no earlier than the previous year. An author must be a member of the Sisterhood at the time the work was



published and submitted. We publish information about authors in the order in which they are received.

Include:

- an objectively written synopsis of the book
- biographical information about the author

How to Submit Material to The P.E.O. Record

Send submissions by mail to:

The P.E.O. Record
3700 Grand Avenue
Des Moines, IA 50312
Attention: Becky Frazier, Editor

By email to:

bfrazier@peodsm.org

Publication of submissions is always at the discretion of The Record editor. All submissions will be acknowledged.

All content is published free of charge with the exception of Items for Sale entries. The P.E.O. Record does not pay for submissions.

Submission of material to The P.E.O. Record is your consent to our right to edit and publish it, either all or in part, in any P.E.O. print or digital communication medium.

Guidelines are subject to change.

- photo of the author or of the cover of the book

*Publication of books that have a limited audience (e.g., self-published books and church, family or town histories) are subject to the discretion of The Record editor.

Award-Winning Ideas

Innovative and unique ideas for chapter wellness or fundraisers for the five projects of International Chapter.

Include:

- description of fundraiser or project
- photo(s)



New Chapters

In order to publish the news of a chapter's organization, the official Organizer's Report of Charter Members must have been received by the executive office Membership Department. We publish new chapter announcements in the order in which they are received.

Include:

- date of organization
- photo
- identification of those pictured

Chapter Anniversaries

Anniversaries of 100 years only. We publish Centennial Chapter celebrations in the order in which they are received.

Include:

- date of organization
- date of celebration
- photo
- identification of those pictured

Artwork

Artwork—images of fine art paintings, illustrations, sculptures or photographs—may be featured in the magazine. Art is kept on file permanently unless an artist requests it be returned.



Include:

- pieces of original artwork OR photographs of artwork
- biography and photo of the artist

In the Spotlight

Articles about recent accomplishments of P.E.O.s of national interest or of a significant or unique nature. Members who have received awards and honors on a national or international level will be considered.



Include:

- an objectively written article
- photo(s)

Project Recipient Articles

Articles about project recipients are written or selected by the board of trustees of each individual project. Please send these articles directly to the specific project chairman listed on the inside front cover of The Record. 🌸

Picture Perfect:

Photo Submission Guidelines for The P.E.O. Record

At The Record, we love getting pictures! Good photographs add richness, depth and interest to the magazine. High-quality photos help us tell your stories and spread the word about the good works of the P.E.O. Sisterhood in a more vibrant way. Here are some guidelines to help you submit brilliant photos to The Record.

DO:

- Send photo prints made by retail photo labs
- Send digital photos of at least 300 ppi/dpi in JPG or TIFF file format
- Send photos taken with a smart phone (if they are large and high-resolution)
- Send photos of your sisters in action, rather than posing. Candid shots are great!
- Make sure all photos have sufficient space around the subject, allowing for minor cropping as needed.
- Make sure the backgrounds of your photos are not too cluttered with objects or patterns
- Turn off the date and time stamp feature of your camera when taking photos for The Record

DO NOT:

- Send photos printed from home printers or copies of photos from copiers
- Send photos clipped from newspapers, magazines or brochures
- Send photos retrieved from websites or online platforms such as Facebook
- Send screenshots



Photos will be returned upon request. Publication of photos is always at the discretion of The Record editors.

Chapter Vitality and Philanthropic Vitality Are the Heart of P.E.O.

by Patricia L. Brolin-Ribi, Organizer, International Chapter and Cathy Moss, Recording Secretary, International Chapter

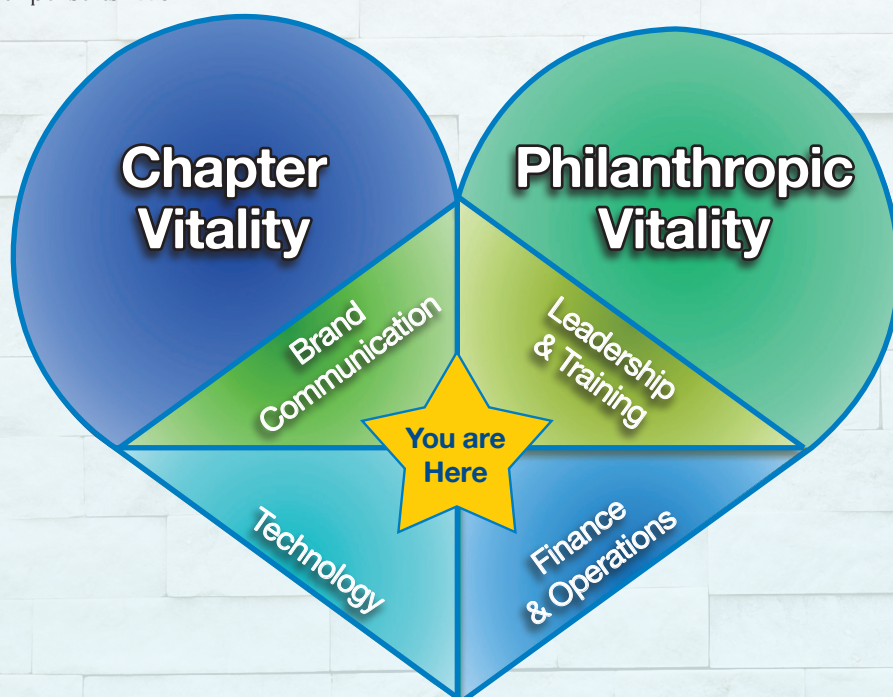
Every survey taken by P.E.O. International has told us that the number one reason we love P.E.O. is the sense of belonging and the friendships that we make in our own local chapter.

For many P.E.O.s the simple act of showing a real loving concern is the foundation of their commitment to the Sisterhood. This is followed closely by our P.E.O. mission of helping women reach for the stars through educational pursuits. We

know that nothing brings a greater source of P.E.O. pride to our local chapters than sponsoring a project recipient. As the executive board discussed our 2015 - 2017 goals, we knew that to become truly vital, we would need goals that build on our strengths and that involve all of us. We would need both chapter vitality and philanthropic vitality in every P.E.O. chapter.

Vitality is defined as energy, liveliness and strength; it is the ideal word to

describe the qualities that make your chapter healthy and keep the P.E.O. philanthropies thriving. No wonder our International President, Beth Ledbetter, chose this word and the heart, often synonymous with both love and life, to symbolize the perfect union between our chapters and our projects. We know that the 2015 - 2017 goals are completely attainable if every member and each chapter will truly be "all in" for total P.E.O. vitality.



Share each of our goals with your chapter at your next meeting and then, make a plan to be involved and do your part. We can reach these goals with the full support of each member and the participation of every chapter. Strong chapter vitality, coupled with enthusiastic philanthropic vitality ARE the heart of P.E.O., and will guarantee that your chapter and P.E.O. are "becoming what we want to become."

Chapter Vitality

Chapter Vitality is about so much more than numbers. It is about renewing our sense of sisterhood that is the hallmark of P.E.O. **The overarching goal we want to celebrate by the end of the 2015-2017 biennium is that all membership trends will be positive and no chapter will be left behind.** But there are ways numbers can help us focus on our goal. We ask all P.E.O.s to commit to the following as we move toward **2017:**

★ **2 initiates per chapter each year—**

- ♥ Why—What a gift it is to future sisters and to our chapters to share the gift of membership. It is both essential and a joy to welcome new members and mentor them to become engaged and committed P.E.O.s. New sisters strengthen and broaden P.E.O.'s reach and the impact we can make through our philanthropies.

- ♥ How—We cannot be complacent and wait for others to propose potential members. The privilege and responsibility of initiating falls to each of us. So please make a concerted effort to identify new sisters. Using the Franc's List program available on the website is a good way to start.

★ **0 new inactive members and 0 newly disbanded chapters—**

- ♥ Why—We are in jeopardy of losing our non-participating and unaffiliate sisters to inactive status and even entire chapters when chapter vitality is lost.
- ♥ How—As a chapter, prepare a plan to include these sisters and help them feel they are a part of your chapter. It takes a special effort by each and every one of us to reach out and let them know how important they are to our chapters and to P.E.O. Find concrete suggestions and tools on the website. When an entire chapter faces challenges, there are resources available to avoid disbandment. We encourage

chapters to be realistic about issues they are facing and to seek help from their S/P/D organizer immediately. There is no doubt that saving a chapter is worth the extra effort and work.

★ **1 new chapter in each state, province and district this biennium—**

- ♥ Why—There truly is nothing like organizing a new chapter!

The journey is such a positive and affirming experience for all involved. Growing and strengthening our sisterhood in this exciting way expands not only our sphere of loving concern to include more members, but also increases the impact of our philanthropies.

- ♥ How—The benefits and procedures of organizing a new chapter can be explained by your state/provincial/district organizer and are outlined in the Manual of Procedure for a Prospective Chapter.

AND

★ **100% loving concern to our chapter sisters in honor of our 7 Founders...and our future—**

- ♥ Why—We have each experienced how sisterly love and concern makes a difference in the lives of our members. Every act of caring and support, whether tangible or intangible, and whether in difficult times or in times of rejoicing, is appreciated and remembered. That is what sets us apart as a sisterhood.

- ♥ How—Don't wait for another sister to offer support—be the one to step forward. We know intuitively that we receive more than we give when we make this extra effort.

Philanthropic Vitality

★ **100 percent chapter participation to strengthen the impact of six International Chapter philanthropic projects by giving and/or sponsoring applicants.**

- ♥ Why—The six P.E.O. International projects are our mission.

Supporting the projects through chapter fundraising efforts and sponsoring applicants strengthen our local chapters. We know that both pursuits engage our members and make our membership in P.E.O. so meaningful.

- ♥ How—This goal positively oozes vitality. During the last biennium, over 28 million dollars in grants, awards, loans and scholarships were given to P.E.O. project recipients; this is dynamic proof of our commitment to all six of the P.E.O. philanthropies. Imagine if all 5,897 local chapters gave to each of our projects and every chapter sponsored a project recipient. Not only would more applicants be able to achieve their educational goals, but, each chapter would experience the satisfaction of helping their student reach for the stars. It would be heartwarming to know that your fundraiser, your donation, and your ongoing encouragement helped make it possible. Please, make this the biennium that your chapter gives more to each of the International projects.

★ **P.E.O. STAR Scholarship becomes self-sustaining with endowment.**

- ♥ Why—The benefit of becoming "self-sustaining from investment income" is huge. It would allow every future chapter donation to be used for scholarships. The more money available means that more P.E.O. STAR Scholarships will be awarded.

- ♥ How—To achieve this goal we are asking that each chapter contribute an extra **\$20.17** earmarked for the P.E.O. STAR Scholarship Endowment this biennium! Since its pilot year in 2007, STAR has awarded 1,774 scholarships for \$4,435,000. Four hundred more scholarships will be announced this month. With your special donation the P.E.O. STAR Scholarship will be shining brightly! 🌸

Why P.E.O. is Relevant to Young Women

by Jacqueline Dawson, Regional Membership Representative

The question of how relevant P.E.O. is for young women hits home for this sister, not just as a Regional Membership Representative, but as a mother of two P.E.O. sisters that are in their 20s. These two are busy individuals with demanding careers and full personal lives. Therefore, relevance is key to their participation. When asked for their opinions, their subsequent feedback was eye opening. You see, they not only reinforced my perception of what P.E.O. offers a young woman, but they expanded the list in ways that filled my heart and were totally unrelated to the fact that their mother and grandmother are active P.E.O.s.

Let's take a step back and remind ourselves that relevance is important to each woman who makes the decision to not just join, but to become a P.E.O. sister. That said, we can be guilty of making the decision for young women about how they should feel regarding what P.E.O. contributes to their life, specifically how P.E.O. is relevant to them.

Some facts...according to the Chronicle of Philanthropy, charities rarely make deliberate efforts to solicit young adults because they think people in their 20s and early 30s are unlikely to participate. This has been proven to be inaccurate and to the contrary. When young women feel passionately about a cause, they participate, they give and they recruit others to do the same. In fact, those under the age of 30 now are more likely to say citizens have a "very important obligation" to volunteer, an Associated Press-GfK poll finds.

Many millennials want to make a strong, long-term commitment to a cause and organization that they care deeply about. While the strategy to first engage young women may be different than the approach to engage those of an older generation, both require planning and thoughtfulness. P.E.O. can and does offer so much to a young woman.

What makes us, specifically our sisterhood, relevant and worthwhile for young women? P.E.O. provides:

- The opportunity to build female relationships within a whole different circle of friends
- The value of supporting a cause that really means something and the actual results are visible
- The merit of having an immediate network of women with many different backgrounds and life experiences
- A host of potential mentors and sponsors that can offer great support and wisdom
- The knowledge that you are making a difference in the lives of other women—truly helping them achieve their educational goals and dreams
- Built-in families—a chapter has not only sisters, but many women who become like bonus mothers, aunts and grandmothers
- Amazing travel opportunities—what a great peace of mind it gives a person to land in an unfamiliar city and be able to stay with a sister at a P.E.O. Bed and Breakfast
- The peaceful feeling of being around others who feel similarly regarding the importance of the P.E.O. Objects and Aims and the virtues that bind us together



- Programs which provide a wealth of educational opportunities—often in areas of study to which we wouldn't normally have exposure
- Social networking through P.E.O. small interest groups and more
- A way to connect all the dots and gain valuable community information and resources when you move
- The college connection—our sisters attending college away from home often receive love and support from chapters in their college town

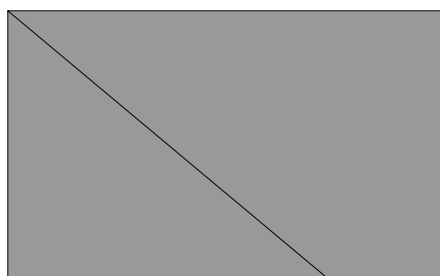
Let's also ask ourselves...what can we do to make sure our chapters are relevant to younger members? Efficient meetings, interesting programs and fun socials are a great start! In youth engagement as in life, you reap what you sow. A little more effort to make engagement meaningful can bring huge rewards. So welcome young women as sisters. Give them a voice, mentor them, teach them and help them grow. They might just give you something back you couldn't provide yourself. 🌸

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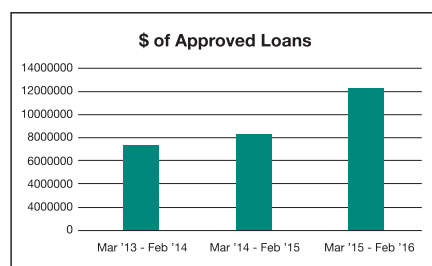
ELF by the Numbers

by Marilyn Book, Chairman, Educational Loan Fund Board of Trustees

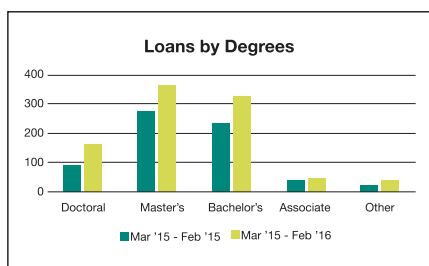
The word “statistics” conjures fear in many as for most, it involves the thought of mathematics. And, as a retired math teacher, this subject is not at the top of everyone’s favorite class list. The trustees of the Educational Loan Fund (ELF) take a different perspective on statistics. The trustees feel it is necessary to calculate and review various statistics on a monthly and annual basis to help in policy decision making. Analyzing the data illustrates the impact of policy changes that have been made. Did the policy change increase utilization of the fund, which is our ultimate goal? Analyzing the data also helps the trustees to look for additional ways to create a product that is attractive and competitive for potential applicants. 🌸



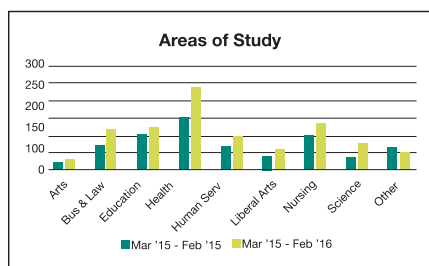
In October 2014, the interest rate went from three to two percent. In October 2015, several new policies were instituted involving the addition of the master’s degree level loan, as well as changes to the repayment schedule. Usage has increased in both years since the changes in the amount of Chapter Recommendations (CRs) received leading to an increase in loans approved. (CRs are always greater than the loans approved as applications are always in process.) It has not been a full year since the October 2015 policy changes took effect, so the impact may be even greater in the next year.



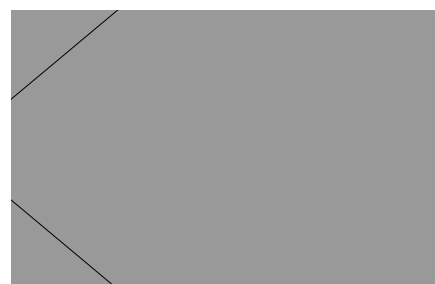
With the increase in CRs received and loans approved, the dollar amount of loans approved also increased. Before the interest rate was lowered, loans approved for March 2013–February 2015 totaled \$7,387,900. Loans approved from March 2014–February 2015 were \$8,382,600. This figure grew to \$12,272,900 for loans approved from March 2015–February 2016.



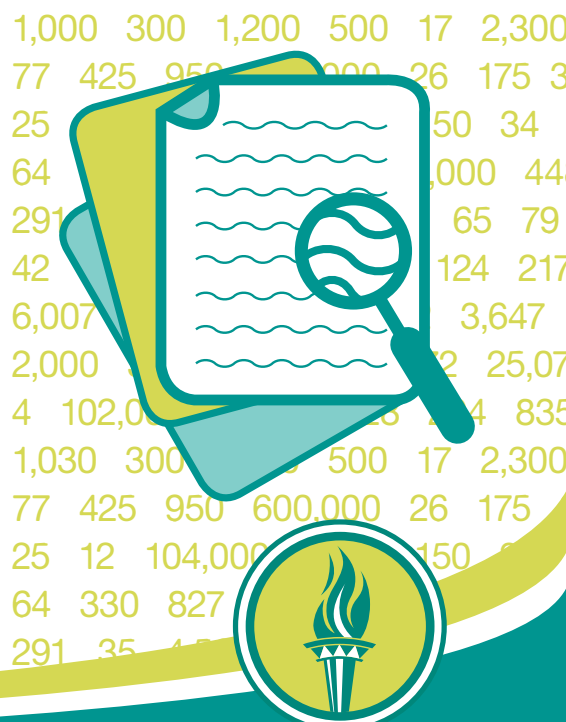
Before creating the master’s degree loan amount of \$15,000, studying the data illustrated to the trustees the need for this level of a loan. The graph shows that applicants are seeking financial assistance to attain a master’s degree more than any other, with bachelor’s degree recipients close behind.



The trustees are always interested in the areas being studied by the loan recipients. Because there have been so many loans approved for nursing students, a category strictly for nursing was created. But looking at the chart above, it is obvious that the health field in general, combining health and nursing, is by far the largest area funded by our ELF loans.



Finally, the ELF trustees are always curious as to the age of our loan recipients. This graph shows the three age categories used. Current trends are showing an increase of younger women as recipients of the ELF loan. Our youngest loan recipient in the last year has been 17 and the oldest recipient was 62.



P.E.O. Educational Loan Fund

Our Small World

by Dr. Jann Weitzel, President, Cottey College

Would it surprise you to hear that as I was walking through the Louvre in Paris, I ran into a P.E.O. sister from Ames, Iowa...or that as I was waiting for a plane in Newark, New Jersey, I met a P.E.O. sister from Topeka, Kansas? (More about that later!)

As you may know, Cottey College provides an international trip to each qualified sophomore-level student during spring break of her second



year. This year, the trip was to Paris, France. Oh my, what an experience! On Saturday, March 12, approximately 55 students and nine faculty/staff members boarded planes for Paris. While there, students chose to participate in two of 10 modules, or mini-courses. Each module met at least once prior to the trip, and all students were required to enroll in and attend weekly meetings of Step into the World, a class designed to prepare students for traveling abroad. Students chose from among such modules as Musee Curie, Radioactivity and Cancer Research; Sainte Chapelle, a Gothic Jewelbox; The Dark Side of Paris: A Visit to the Catacombs; and Inspiring Women at the Louvre. In addition,

students could choose to attend a concert at Notre Dame, and all students traveled to Versailles to tour the Palace.

In their free time, students explored the city, enjoyed French cuisine, shopped... and walked, a LOT!

Why does Cottey invest in this trip, paying students' travel and lodging for a week? Cottey believes that it is vital for all college students today to become contributing members of a global society. A short-term trip, such as the trip to Paris,

demonstrates to students that they can travel to a country with

customs different from their own or where they do not speak the language and still be able to find their hotel, order food or coffee, use the mass transportation systems...that is, adapt to diverse, sometimes confusing situations, while enjoying a life-changing experience. We hope that by getting that first passport and having this international experience, our students will be comfortable traveling on their own and experiencing all that our world has to offer as they progress toward becoming citizens of the global community.

So, back to the questions at beginning of this article! My husband Jack often wears a Cottey College polo shirt when traveling. As we left the room in which the



Jack Weitzel

Mona Lisa is on display at the Louvre and entered the large central hallway, I heard a woman, Yana Reid, Chapter HO, Ames, Iowa, ask Jack if he taught at Cottey. His answer was, "No, but I'm married to the President." Yana and her BIL were celebrating an anniversary in Paris. How romantic! Then, while waiting for our plane in Newark at the end of our trip, Jack, again in his polo, was asked the same question, and he gave the same answer. Martha Cassidy, Chapter EP, Topeka, Kansas, her BIL and two sons were returning from spring break in Aruba. What a small world.

Lesson learned: If you see an older guy with a shiny head wearing a Cottey polo, it is probably Jack! Just say hello! 🌸



Cottey students, faculty and staff at Versailles



Cottey College

IPS Recipients' Roll in Sustainable Development

by Glynda Samford, Chairman, International Peace Scholarship Board of Trustees

Growing populations and developing nations are making unsustainable demands on the earth's resources. Careful planning is required to meet present demands and provide long-term benefits for our planet and its future inhabitants.

The concept of sustainable development provides methods for reducing poverty while simultaneously

providing a prosperous and peaceful future for the world's expanding population. Meeting these needs requires growth that is both inclusive and environmentally sound. This overarching concept encompasses economic growth and environmental stewardship, as well as social and political issues that impact all aspects of our world today.

As nations begin to recognize the

value of their natural resources, they struggle with how to maintain development while still preserving the resources needed for the future. Many of our International Peace Scholarship (IPS) recipients are working toward finding the answer. They are studying in varying fields such as international development, sustainable agriculture, water management, human rights, journalism and law.



From **Ghana**, **Yasmine Acheampong** is working toward a Master of Arts in International Sustainable Development with an emphasis on agriculture and gender studies at Brandies University. She says, "By taking classes such as sustainable agriculture, watersheds, food policy and agribusiness I have become more resolute in my commitment to use agriculture as a vehicle to help alleviate women out of poverty...." Her goal is to alleviate poverty and ensure gender equality by either working in Ghana's Ministry of Food and Agriculture or the Ministry of Gender, Children and Social Protection.



Deaf since birth, **Phoebe Tay** from **Singapore** is studying International Development at Gallaudet University. Her goals are to design, implement, evaluate and research education programs for deaf children in developing countries, and to advocate for their rights to have access to an education in sign language.



Pursuing a Master of Public Health at North Dakota State University, **Winta Yallew**, a medical doctor from **Eritrea**, states, "...most people rely on traditional herbal and faith based medicine [in Eritrea], which is more hazardous than preventive or curative. As a doctor I have encountered many patients suffering from infectious diseases, which are highly contagious and can be major public threats. However, most are controlled through strong community education and implementation of preventive measures." Winta hopes to bring positive changes to her country by emphasizing the management of infectious disease.



Masilin Gudoshava from **Zimbabwe** received her M.S. in industrial mathematics before moving to North Carolina State University to pursue her Ph.D. in atmospheric sciences. She states, "Precipitation patterns affect the livelihood of people in different ways, including availability of water, agricultural activities, fishing and hydroelectric power.... Over the past years the region has experienced a number of erratic rainfall patterns that have pushed subsistence farmers into poverty." Masilin believes that by combining indigenous knowledge of sustainable living with scientific knowledge her country will harness a solution for sustainable food production.

P.E.O.s everywhere should be proud of these women, and many other IPS recipients like them. They look forward to returning to their home countries where they will make a huge difference in the lives of future generations of women and children. 🌸



Julie's Story

by Susan Spivey Penrod, Program for Continuing Education Board of Trustees

Julie Spronk received a Program for Continuing Education (PCE) grant from P.E.O. in 1988 to go to nursing school when she was a single mother on welfare without an education. It was the sisters in Chapter Y, Fairmont, Minnesota, who recognized Julie's need and encouraged her dream. This is Julie's story of resolve and perseverance.

Julie recalls, "When I first encountered P.E.O. I lacked funding, resources and self-confidence.



Julie Spronk

My life goal was to be married and have children. I remember thinking, 'Who needs an education to raise a family?'"

At age 21 Julie married, had two sons and soon became a single parent. She says, "For the next several years I worked minimum wage jobs, received child support and benefits such as food stamps, subsidized housing, fuel and medical assistance. There were times when my electricity and phone were disconnected due to non-payment. Receiving government help was humiliating. I dreaded standing in line to use food stamps."

The thought of higher education frightened Julie, but living in poverty was even more frightening. She acknowledges, "I lacked confidence in myself, couldn't afford schooling and had little knowledge of available resources." Since Julie's town had no technical school or college, pursuing a degree meant moving as well as obtaining funds.

She says, "As much as I hated to, I elected not to work and accepted public assistance. It was important to me to find a field that paid well and was in demand. Equally important was to get through the course as soon as possible. After searching I found a school that offered a Licensed Practical Nurse (LPN) course."

It was school nurse and Chapter Y member Jane Kotewa who identified Julie as meeting the eligibility requirements for a PCE grant. But Julie was fearful because the LPN course was rigorous and she would be an older student who had not attended school for a decade. Chapter Y sisters stepped in to offer encouragement and Julie says this support, something she had never experienced, made all the difference. "Jane was extremely supportive and encouraged me to feel more confident in my chosen career."

Julie graduated from nursing school in 1989 and continues to be a practicing LPN and now owns her own business. She considers her success an unusual "rag to riches" story because she was a late bloomer who sought an education as an older student. Julie says, "I have accomplished far more than what is considered average for an LPN. Today I am the proud owner of Medford Senior Care, an assisted and catered living community providing daily care and assistance for elderly adults with an abundance of physical and/or cognitive needs.

"I do not consider myself to be lucky. Rather, I am blessed," Julie concludes. "God opened the door



Chapter Y in Minnesota sells cheese balls to generate funds to support P.E.O. projects

and gave me the good sense to run through it. I am grateful for having been given the opportunity to better myself through education and I am thankful that P.E.O. not only helped fund my schooling through a grant but for the kind words of encouragement I received from Jane. P.E.O. played a part in my story of success!"

Chapter Y, located in rural Minnesota, continues to keep an eye out for women like Julie who are in need of assistance. Their successful fundraiser, selling homemade cheese balls all over town, generates funds to support our projects and also informs the community of P.E.O. Forty-five members strong, this chapter embraces candidates and nurtures their bold dreams. 🌸

Funding grants today...for a brighter tomorrow.



P.E.O. Program for Continuing Education

P.E.O. Scholar Awards Celebrates 25 Years of Supporting Women... Changing the World!

by Kathryn Bayne, Chairman, P.E.O. Scholar Awards Board of Trustees

In July of 1990, a Special Committee to Implement a Pilot Program was appointed by Mary Louise Remy, then President of International Chapter, to address the educational goals of graduate-level women of the United States and Canada. The committee was chaired by Wilma Leonard Turner, then Recording Secretary of International Chapter, and included Ila Lee Ehret, Past President, California State Chapter; Beverly Rutter, Past President, Arizona State Chapter; Dora Jean Strother, Ph.D., Chapter G, Texas; and Judy Wilson, Past President, Michigan State Chapter.

Mary Louise's theme for the 1989-1991 biennium was "Exel-Erate" to "symbolize the two great characteristics...of our sisterhood: the desire to excel and to achieve excellence, and the determination to grow in charity, knowledge and culture." P.E.O. sisters took that guidance to heart and generously embraced the pilot project with funds and nominations for the 1991-1992 class of Scholars.

The direction of the pilot project was to recognize and encourage academic excellence and achievement with a monetary award—an award that would provide partial support for study and research for women who have the potential to make significant contributions and a positive impact on society in their varied fields of endeavor. The name of the pilot project, P.E.O. Scholar Awards, suggested by the special committee, was intended to reflect "outstanding



Scholar Awards

Celebrating 25 Years

scholarship, a program of educational awards that would one day be recognized as awards of stature...and superior achievement by American and Canadian women" (Special Committee, P.E.O. Record, January-February 1991). With generous support from the P.E.O. Foundation's undesignated funds and gifts from local chapters and individuals, an award of \$5,000 was given to each of the 30 women selected from the 340 completed applications (out of 410 nominations) for the 1991-1992 class of Scholars.

At the 1991 Convention of International Chapter in Omaha, Nebraska, members of convention adopted P.E.O. Scholar Awards as the fifth project of the P.E.O. Sisterhood. Special committee members and early chairmen of the P.E.O. Scholar Awards used terms such as "Wings for a Dream" and "To Touch the Future" when describing their vision for this new project. Through strong financial support and enthusiastic participation of P.E.O. chapters and individuals,

the project began to grow and develop, touching the lives and encouraging the aspirations of women with big goals.

Over the course of 25 years, P.E.O. Scholars have assumed leadership positions in their professional careers. Their positive impact on society affirms the outreach of P.E.O. and reinforces the goal of P.E.O. Scholar Awards to become one of the premier academic awards for women in the United States and Canada. P.E.O.s can justifiably be proud of how their investment of \$21,500,000 in 2,080 remarkable young women (so far!) is producing significant dividends.

Ila Lee Ehret, then chairman of the P.E.O. Scholar Awards Board of Trustees wrote in the January-February 1992 P.E.O. Record, "And what of the future? The challenges are great. There are untold numbers of truly gifted women with outstanding potential who are deserving of our award."

This perspective remains equally true today. Since its inception, the monetary award has tripled from \$5,000 to \$15,000. In addition, the number of women receiving the award has also tripled, from 30 to 90. But, due to tight economic times, the need is also great. This year, 748 nominations were received, a reflection of the increasing number of women seeking funds external to their universities. Let's make this Silver Anniversary of the P.E.O. Scholar Awards a true celebration of the Sisterhood's support of these impactful women. 🌸



P.E.O. Scholar Awards

How to Promote the P.E.O. STAR Scholarship to Counselors

by Patricia Franzen, STAR Scholarship Board of Trustees

GOOD NEWS from STAR! Thanks to the generosity of our sisters, 1,774 young women from all over the U.S. and Canada have been recipients of a \$2,500 P.E.O. STAR Scholarship since STAR's first year in 2009. The total of these scholarships is an impressive \$4,435,000. Three hundred and sixty scholarships were awarded for the 2015-2016 year and (drumroll, please) 400 scholarships will be awarded for 2016-2017. The STAR Trustees and all of P.E.O. can be proud of these young women who all display STAR QUALITY.

High school counselors are wonderful resources for chapters looking for candidates. Before you make that appointment, it pays to review the STAR qualities that will culminate with a winning application. Exceptional strengths in **all of the components** are needed to achieve this prestigious award.

Who is a STAR candidate?

Every educator knows them—they are those amazing young women who serve to perpetuate all that is right and good in her school, community and world. She may not be the top student, although STAR requires a 3.0 or better unweighted GPA, but she works diligently to produce the best she has to offer. She might not lead every club in her high school either, although she is actively involved in a wide variety of activities and is a positive role model. She may not spend every waking hour involved in community service, but she is involved throughout her high school years in ways to improve her local community, her

state or perhaps even the world. She may not be known by everyone, but her references know her well and take the time to present her in the brightest of lights. She may not have won writing awards, but her essay reveals the inner girl—her inspiration, her motivation and her aspiration.

A STAR candidate displays **all** of these attributes and so much more. She is aware—one who sees a need and works to meet it. She is a kind and caring citizen—making others feel comfortable is her trademark. She is the girl with that special sparkle—the one who brightens your day. She offers the promise of a vibrant, productive future for herself and society.

A STAR candidate is that special girl whose light will shine well into the future. **Every point** of her star quality is fully developed and clearly visible. Give your high school guidance counselors the opportunity to promote a STAR! January is an ideal time to meet with counselors, but it's not too late to meet with them now or too early to make plans to meet with them next year. Make an appointment today—and remember to bring STAR information with you for the counselor to read and share.

A STAR candidate is not elusive—she is shining brightly right before your eyes! ✨



P.E.O. STAR Scholarship

Vickie Maris and her mother Lucille Maris, both members of Chapter L, Lafayette, Indiana,

have collaborated to create a two-disc audio program called "Stories of a Stateside Bride" featuring tales

about Lucille's life from the 1940s during World War II. Lucille, 93, also served as Vickie's content expert for a course on Udemy, an online education marketplace. The course, called Aviator's Wife Tells of Home Front Living During World War 2, is about life on the home front during the war from the perspective of a bomber pilot's wife. The course features two hours of documentary-style video featuring Lucille.

Vickie calls her mother "an inspiration to so many" and describes her as "a strong Christian woman who is always growing in her faith and learning." Lucille was married to Jim Maris for nearly 65 years—until his death in 2008.

Lucille became a P.E.O. in 1964, while pregnant with Vickie. Vickie became a member of the Sisterhood in 1983.

Julie Umbreit, FF, Port Townsend, Washington,

won first prize in the historical script category at the Nashville Film Festival held last April in Tennessee. Julie's film is entitled "Kid Convict."

The film tells the true story of an 11-year-old abused child who murdered the sheriff in Asotin, Washington, and barely escaped a lynch mob. In 1931, he was tried as an adult and at age 12 he was sentenced to life in Walla Walla Penitentiary, the youngest person in U.S. history to be incarcerated with adults.



Using his intelligence, charm and luck, he turned prison into a success story. He received high school and college diplomas, wrote novels and detective stories and received his first pair of shoes. The screenplay covers his time in prison. Ten years later, a new governor pardoned him. He put his accounting degree to use in a job at Todd Shipyards in Tacoma. Eventually, the movie business beckoned and he went to Hollywood. He became a successful studio executive in the financial departments of RKO and FOX.

The Nashville Film Festival, held annually in Nashville, Tennessee, is the oldest running film festival in the South and one of the oldest in the United States for independent film makers. In addition to a monetary prize, Julie's screenplay was sent to top production companies for possible purchase. Winners in the Nashville Film Festival also qualify for the Academy Awards. Julie says, "I love writing and will do it until I drop."

Elisabeth Ruffner, Y, Prescott, Arizona,

was inducted into the Arizona Women's Hall of Fame—one of the first two "Living Legacies."

The other was retired U.S. Supreme Court Justice Sandra Day O'Connor. "Living Legacies" are "exceptional women who inspire and have reached the highest levels of professional accomplishment in their chosen endeavors."

Elisabeth, who recently celebrated her 96th birthday, is also the founding president of the Prescott Area Arts and Humanities Council, the Yavapai Heritage Foundation and Arizona Citizens for the Arts. She was one of the first Arizonians to become a Culturekeeper, a prestigious honor for those who have worked to pre-

serve the state's history and culture. She is a humanitarian, historian, author, acclaimed speaker and lecturer who has lived in Prescott since 1940. She was a founder of the Heritage Foundation of Arizona and has helped secure nominations for more than 700 historic Prescott buildings to the National Register of Historic Places.

Elisabeth still finds time in her busy schedule to play a key role in Chapter Y. She helped to charter the chapter in March of 1950, has served as president and permanent parliamentarian and remains active in the group. Her daughter Becky Ruffner and granddaughter Chelly Herren are also members of Chapter Y.

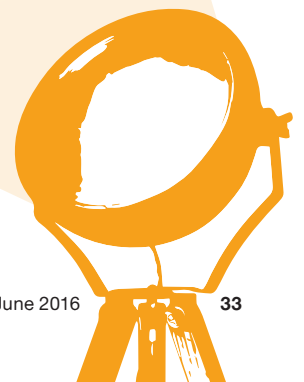
Linda Kaminski, HK, Yakima, Washington,

received the CEO award from the Association of Community College Trustees (ACCT). Linda is president of Yakima Valley Community College which is part of the Pacific Region for ACCT. During Linda's more than 20-year

tenure, Yakima Valley Community College has grown dramatically in programs offered and campus size. Her recognition testifies to her service to the Yakima community and the community colleges of the pacific region. 🌸



From the left: Lisa Parker, Yakima Valley Community College Board Chair with P.E.O. and CEO Award recipient Linda Kaminski



Award Winning Ideas

Chapel Hill Swap Shop

The sisters of Chapter AG in Chapel Hill, North Carolina, created a swap shop with the idea to shop for items from each other's closets to save big while supporting P.E.O. projects! Sisters were asked to contribute gently worn or like-new pieces from their wardrobe including everything from clothing, coats, jewelry, shoes, scarves, belts, purses and other accessories. The goal was to fill the boutique with beautiful items that sisters would want to buy for themselves, family or friends. To make it affordable and easy all items were priced at \$10 with some accessories marked at \$5. At the first pop-up swap shop after the chapter's business meeting, nearly \$400 was raised. Items that didn't sell were saved for swap shop events later in the year. Chapter AG raised close to \$1,000 with their swap shops!



Chapter AG sisters held swap shops to clean out closets, save money on clothes and raise funds for P.E.O. projects

Sister Chapters of South Dakota

Chapter AT of Belle Fourche, South Dakota, and Chapter BF of Rapid City, South Dakota, established a sister chapter program where members of both chapters get together on a yearly basis to exchange ideas and explore South Dakota. The sister chapters have explored Rapid City on the trolley, had a Christmas social at the Rapid City Journey Museum and visited Custer State Park. These events are enjoyed by all as a way to establish contact and get acquainted with sisters of different chapters. Members of these "sister chapters" look forward to all their future gatherings.



Last fall members from Chapters AT and BF gathered in Lead, South Dakota, for a tour of the historical Lead Homestead Mansion. Members present were, Mary Ellen Warren, Sheila West, Jeanne Chappel, Betty McGuire, and Linda Asheim of Chapter AT, Belle Fourche, and Darlene Alexander, Betty Rasmussen, June Brown, Kelly Chase, Sharon Lee, Charlotte Hoyt, and Nora Wosepka of Chapter BF, Rapid

Feast of Saint Valentine

To celebrate the friendships that the heart treasures all year long, the P.E.O. sisters of Chapter ED, Sarasota, Florida, and their BILs enjoyed a progressive dinner on a recent Valentine's Day evening. Sixty-one guests attended the fundraising event. One sister and her BIL graciously opened their home where all guests gathered to enjoy appetizers and

beverages in the ambience of the setting sun. Each guest was given an invitation advising them of their next destination. As all homes were in relatively close proximity, it was not long before doorbells were ringing at the seven sisters' host homes where everyone wined and dined on a memorable three-course French-themed meal which included green salad with walnuts and blue cheese, chicken cordon bleu entrée with all the accompaniments and a dessert of a chocolate heart shell, filled with almond cream and garnished with fresh fruit. Lively conversation, hearty laughter and pretty table settings



Heart-shaped desserts at Chapter ED's Valentine's Day fundraising dinner

all added to the sparkle of the evening. A strong planning committee, most generous hosts and participation by so many sisters contributed to a successful fundraising event, raising \$2,000 for P.E.O. projects.

Orange Coastal Reciprocity Works to Spread the Word about P.E.O.

With the support of Carolyn Steidinger, president of the Orange Coastal Reciprocity Bureau (OCRB), Chapter PB, Newport Beach, California, hosted the first-ever Philanthropies/Cotter College Roundtable on January 22, 2016. Nearly half of the OCRB reciprocity chapters were represented.

Helen Miller, Chapter PB's representative at the roundtable,



Chapter ED's Valentine's Day progressive dinner invitations

embraced the language of P.E.O. and was on a mission to celebrate our successes, spread the word about the importance of P.E.O. projects and motivate the reciprocity chapters to grow in P.E.O.

The meeting was facilitated by Charlene Ashendorf, Chapter PB's philanthropies chair. A lively discussion on topics included: how are scholarship candidates identified and how do chapters get the word out that P.E.O. has scholarship funds available. Sisters shared the challenges in organizing philanthropy committees and shared successes. What resulted was a great exchange of ideas, a sharing



California's Orange Coastal Reciprocity Bureau held a successful roundtable discussion

of a wealth of information and sisters who are inspired to shine their stars a little brighter!

Crazy Zany Fashion Show

Chapter O, Rockville, Maryland, hosted "The Crazy, Zany Fashion Show," where anything but the expected happened. Ten zany outfits were featured, including one model in her "birthday suit" which featured the "bow-legged" model (i.e., with ribbons and bows on her knees), wearing a head-to-toe assemblage of birthday cards, candles,



From the left: Carol Clouse in "fir" coat and "pill" box hat; Mary Ebinger in "ball" gown; Velma Kilian in "slip"-over-dress; Pat King in "sack" dress; Sally Rush in (news)-print dress with ruffles; Kay Norvell in (safety)-pin striped suit; Sherry Johnson in her "birthday suit"; Karen Wise in wedding dress—something old (Old Bay), something new, etc; Janet Dunlop in (canceled)-check dress with 24-"carrot" jewelry; Alice Smith in tea (bag) dress with cozy hat.

cupcakes and ribbons, with—what else?—balloon sleeves. The display of garments outdid one another in their clever use of puns, double entendres and malapropisms.

The overall success of the event was due to the hard work of the entire chapter, for the fashion extravaganza included a luncheon prepared by chapter members, with BILs serving as waiters. Custom-designed invitations and floral arrangement were made by chapter members who also sold tickets.

Sixty-four guests from the local community attended the fundraising event; they were welcomed by Chapter O president Elsie Reid in her opening remarks before the luncheon and show, which included a brief description of the history, mission and activities of the P.E.O. Sisterhood. This was an outreach effort to raise funds, increase visibility in the community and to attract new members. It was a success on all three fronts. Chapter O netted \$1,446—all to support P.E.O. projects. 🌸

Pay It Forward!

When we think about making donations to the P.E.O. International projects or the P.E.O. Foundation, we think of pulling out our checkbooks and writing a check in the here and now. But did you know there are ways you can give now, but have payouts in the future? No need for your checkbook today!

You can:

- Make a bequest in your will or living trust to any of the P.E.O. International projects or the P.E.O. Foundation.
- Make P.E.O. a beneficiary of your life insurance policy.
- Make P.E.O. a beneficiary of your IRA or other retirement assets.

For more information about how to name P.E.O. in your will, life insurance, IRA or other retirement planned assets contact the P.E.O. Foundation office at 515-255-3153 or fdn@peodsm.org.

As always, discuss any planned giving strategies with your attorney or financial planner to take advantage of the opportunities that are right for you.



P.E.O. Foundation

Centennial Chapters



Chapter BM, Ainsworth, Nebraska
Organized: June 5, 1915
Celebrated: June 28, 2015

First row, from the left: Betty Kirkpatrick, Shirley Arnold, Mary Ann Allen, Geraldine Micheel, Delmira Oatman, Ruth Salzman, Barb Lamb **Second row:** LaPreil Walton, Deana Arens, Kristine Gale, Mary Ritter, Kara Welch, Lisa Chohon, Marianne Schlueter, Linda Rice, Susan Spann, Robin Rohwer-Franson **Third row:** Mary Beth Rutledge, Carol Sears, Teri Soles, Melissa Doke, Mary Jo Davis, Gerry Carr, Wendy Wilkins, Cammie Waits **Fourth row:** Michelle Sinsel, Patty Allen, Lesa Mitchell, Carol Snyder, Shannon Sorensen, Amy Salzman, Ann Hoch, Lanay Hansmeyer, Lisa Schlueter



Chapter CI, Montgomery City, Missouri
Organized: September 11, 1915
Celebrated: September 12, 2015

First row, from the left: Marge Miller, Carol Rittman, Mildred Dowling, Linda Richardson, Kathie Hoette **Second row:** Sandra Deves, Toni Cole, Yvonne Gray, Jackie Nobles, Jan Hankinson **Third row:** Karen Miller, Anita Davis, Marla Morrow, Sue Schlanker, Nancy Engel, Valerie Spirz



Chapter CJ, Excelsior Springs, Missouri
Organized: September 14, 1915
Celebrated: September 10, 2015

First row, from the left: Elnora Wood, Susan Martin, Sue Farrow, Peggy Babb, Peggy Grace, Susan Grace, Mary Lou Smith, Lorraine Miller, Sylvia Eales, Sonya Morgan, Courtney Cole **Second row:** Sharon Senger, Rose McKay, Pam Fogler, Dorothy Kennedy, Jinx Fisher, Ruth Hartwig, Connie Coutts, Carrie Thomas



Chapter N, Portland, Oregon
Organized: October 28, 1915
Celebrated: October 17, 2015

First row, from the left: Jeanne Gaylord, Kathy Withycombe, Maribeth Taennler, Cindy Sturm, Anne Anderson **Second row:** Anne Miller, Cindi Fraser, Connie Humphries, Patty Colligan, Jan Daoust **Third row:** Mary Johnson, Laura Merrill, Sharon Sly, Nina Clippard **Fourth row:** Fran Edgecombe, Marcia Hubel, Laura Baldschun, Lori Fountain, Patty Sturmer, MaryLee Planer, Nayan Fleenor **Fifth row:** Lauren Deming, Jennifer DeVoe, Jennifer Field, Bettie Maring, Marianne Williams



Chapter CK, Saint Louis, Missouri
Organized: January 31, 1916
Celebrated: January 2016

First row, from the left: Louise Bruder, Nancy Geiger, Jan Quevreaux, LaVern Zenthoefer, Janet Gray **Second row:** Margaret Picker, Sherry McGown, Marion Burkholder, Diana Stoneman, Nancy Barthold, Linda Houille **Third row:** Linda Roos, Jan Bornemann, Jeanne Lehr, Karen Schacht, Judy Parham, Jane Hardin, Stephanie Bay, Elouise Andrews **Fourth row:** Becky Henry, Barbar Sherrod, Elizabeth Hoffman



Chapter BS, Omaha, Nebraska
Organized: May 31, 1916
Celebrated: June 13, 2016

First row, from the left: Marvelyn Peterson, Betty Woodhull, Carol Lofschult **Second row:** Marjorie Goldsmith, Karen Owens, Alice Burchard **Third row:** Suzanne Hardiman, Casey Simpson, Carol Sorensen, Carol Hale, Jeane Morgan, Judy Hephner, Karleen Nelson **Fourth row:** Jeanne Daharsh, Janet Delehoy, Judy Bates, Breta Jeter, Carla Makalima, Gerry Reid **Fifth row:** Celeste Schrock, Karen Rasmussen, Linda Orr



Chapter AI, Denver, Colorado
Organized: June 9, 1916
Celebrated: May 16, 2016

First row, from the left: Marilyn Harrison, Sharyn Gidday, Anne Edwards, Mary Bediz, Freddie Whiting, Judy Bennett, Judy Lippert **Second row:** Betsy Brauer, Margo Goetz, Chuckie White, Carolyn Carr, Marguerite Saro, Barbara Leasure, Jan Williams, Carol Matchett, Myra Fead, Toni Tucker, Marla Kitchell, Norma Heinshel **Third row:** Diane Bakke, Eleanor Kosmicki, Bettie Flyckt, Elsie Stone, Bradley Pearce, Lucy Heltmach, Barbara Reed, Pat Heiserman, Paula Frease, Carol Shearon



Chapter AD, Walla Walla, Washington
Organized: March 6, 1916
Celebrated: March 5, 2016

First row, from the left: Anne-Marie Schwerin, Rose Anne Walker, Poe Perry, Sally Erb, Joan Pepin, Ada Tergeson, Patsy Donovan, Evelyn Cochran, Sheila Bateman, Peggy Jo Sanderson, Dorothy Hockett, Ann Lindeman, Sarah Reilly **Second row:** Ginger Kelly, Beth Ann Dilts, Debbie Sherry, Pyllis Schreck, Dollyjean Pettyjohn, Janet Robison, Julie Drischell, Rossalie Wheeler, Sarah Chandler, Judy Goranson

Marjean Cox, EA, Wichita Falls, Texas,

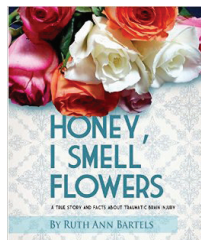
wrote “Star Wishes,” a children’s book about three little boys—one in the United States, one in Japan and one in Germany, all wishing on the same bright star.

Marjean gives readers a brief glimpse into the lives of these three boys as they prepare for bedtime. She shows how connected they are and that despite great geographic and cultural distances, their dreams and aspirations bind them together. Each boy learns to say “good night” in a different language as they learn it’s the simple things that link us to one another.



Ruth Ann Bartels, GQ, Lincoln, Nebraska,

wrote “Honey, I Smell Flowers, a True Story and Facts about Traumatic Brain Injury,” as both a tribute to her daughter’s remarkable recovery and as an informative piece for families in similar situations.



In 2008, Ruth Ann’s daughter suffered a traumatic brain injury from a car accident. Ruth Ann has organized the book into a narrative section followed by pertinent medical notes. As Ruth Ann explains, she wants the reader to understand the level and intensity of therapy.

The chapters are highlighted with photos of the many beautiful floral arrangements Michelle received. The photos, medical notes and narrative formed from Ruth Ann’s daily journal are woven into a book on traumatic brain injury, revealing the story of a family of great faith, supported by a loving community of friends.

Rita Gard Seedorf, IQ, Cheney, Washington,

co-wrote a novel called “Letters from Brackham Wood.” This novel is set in 1937 England, and is a compilation of letters written between cousins,

Moir, a maid, who lives in Brackham Wood, England, and Margaret, a doctor living in Spokane, Washington. The letters encapsulate the women’s views of the world leading up to and including World War II, as well as their own personal conditions, and the changing times for women. Intrigue ensues when one of the characters finds herself in the center of a case of espionage!



Carolyn Caines, BN, Longview, Washington,

wrote “Sunshine in My Suitcase: travels with a poet.” This is Carolyn’s fourth volume of published poetry.

In this volume Carolyn shares the feeling of standing near a volcano, riding a catamaran in Hawaii and eating reindeer stew in Finland. She writes about swimming with turtles, parasailing and climbing the Eiffel Tower.

Carolyn has been an enthusiastic member of Chapter BN since 2013. Carolyn is a retired teacher. She and her husband Michael have three married children and six grandchildren.



Lisl H. Detlefsen, O, Wisconsin Rapids, Wisconsin,

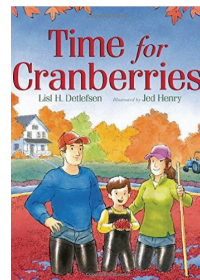
wrote “Time for Cranberries,” a children’s picture book illustrated by Jed Henry.

Filled with details of farm work and machinery, “Time for Cranberries” looks at how small American farms bring food to tables across the country. This story follows a boy and

his family through the process of collecting cranberries, from booming, corralling and cleaning, all the way to eating. It’s a story of labor and love, and ultimately a thankful celebration of good things to eat at harvest time and all-year long.

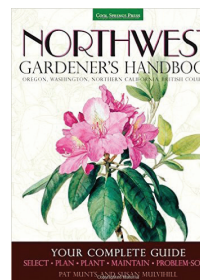
Lisl wrote the first draft of what was to become “Time for Cranberries” while pursuing her art degree at the University of Wisconsin-Madison. After her graduation in 2003, she joined her husband, Robert, on his family’s cranberry marsh in central Wisconsin and focused on her love of art and writing.

Before joining Chapter Eternal, Lisl’s grandmother, Portia Hornig, was a member of Chapter O, as was her husband’s grandmother, Helen Jaspersen. Both her sister-in-law, Kristen Henslin, and mother-in-law, Jo Ann Detlefsen are Chapter O sisters. Lisl’s mother, Susan Hornig, is a member of Chapter AX in Madison, Wisconsin.



Pat Munts, EW, Spokane, Washington,

wrote “The Northwest Gardener’s Handbook.” This garden guide addresses weather and growing conditions on both sides of the Cascade Mountains. It is a complete guide to select, plan, plant, maintain and problem-solve for gardeners living in Oregon, Washington, northern California and southern British Columbia. The book includes practical information about dealing with the Northwest’s varied weather, soils and plants so that gardeners can create and manage



sustainable gardens that save work, water and money while blending into the natural environments the region is famous for. The book features chapters on the best way to manage and choose annuals, perennials, bulbs, edibles, groundcover, roses, shrubs, trees, vines, native plants and many more types of plants. Throughout the book, the authors suggest the best sustainable gardening practices that will help readers deal with wildlife, develop healthy soil, water wisely, prune and plant properly and even how to plan for wildfires.

Mary Bickerstaff, AW, Waynesville, North Carolina,

wrote "My Left Breast—A Journey of Healing from Breast Cancer," a memoir chronicling her journey of healing as she fought breast cancer. She shares intimate details of medical interventions to save her left breast. As she journaled her way through Stage 1 breast cancer, Mary found openings that strengthened her and led her to new understandings of healing.

Mary is a freelance writer, a retired RN, a spiritual director and a reiki practitioner. She is married to John, a retired pastor; they have three children and four grandchildren.

Elizabeth Strauch, EW, Spokane, Washington,

wrote "Torchbearers: Whitworth Stories," celebrating the 125th anniversary of Whitworth University. Featuring 125 stories about people and 125 stories about things, the book tells a bigger story about an institution and its enduring mission. Organized around seven distinct chapters (builders, believers, competitors, revelers,

scholars, creatives and visionaries), this book features photography of university artifacts to complement the stories and bring Whitworth's history to light in a new way.

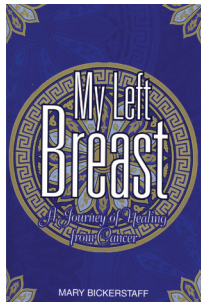
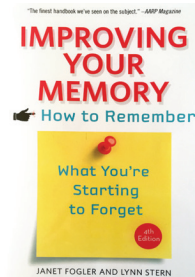
Janet Fogler, DH, Ann Arbor, Michigan, co-wrote "Improving Your Memory: How to Remember What You're Starting to Forget." This handbook discusses how memory works, how it changes with age and how it can be improved. The authors explain why people remember what they do, what kind of effort remembering requires and various conditions that can affect anyone's memory, such as stress, illness and depression. The tools for understanding and improving memory include real-life examples, techniques and exercises that anyone can use. By following the exercises and techniques in the book, readers can take charge, actively retrieving information more easily.

Janet is a clinical social worker at the University of Michigan Medical Center's Geriatrics Center Clinics.

Mari Johnson Hahn, EG, Valparaiso, Indiana,

wrote "Gut Guide 101: Three Weeks to Better Digestion & Increased Energy." The book explains the gut's crucial role in keeping you healthy—from boosting immunity and absorbing nutrients to getting rid of cancer-causing toxins.

"Gut Guide 101" includes an easy-to-follow nine-step, 21-day plan. Mari's book is a moderate approach to healing the gut by adding in gut-friendly foods and supplements.



Mari is a certified health coach. Her background in natural health and holistic nutrition has helped her look at the body as an amazing, miraculous organism, capable of bringing itself into balance. She believes that a poorly functioning digestive system is the root cause of many health issues. She owns a business specializing in health coaching, wellness workshops and webinars. She is an inspirational speaker and has 20 years of experience in the wellness field as a massage therapist and workshop instructor.

Allynn Riggs, DN, Denver, Colorado,

is author of sci-fi/fantasy novel "The Blood: The Stone's Blade, #1."

"The Blood" follows the rescue mission to find the prophesied child whose blood will save the Lrakiran people from a virulent disease threatening them with extinction. Sentient crystals, or Stones as they are known on Lrakira, have guided the search for a cure. Success of the mission is compromised when the ship crash lands on Teramar leaving the pilot, Renloret, the sole survivor. Knowing he is the hope of his people, Renloret breaks first contact laws by enlisting Teramaran natives in his search for the child. He convinces his own rescuers, Ani, Kela - her telepathic canine, and sheriff Taryn, to assist him. The search is complicated by Renloret's attraction to Ani and the sudden arrival of a psychotic general intent on destroying the reputation of Ani's family. Renloret must choose between the desires of his heart and his promise to the Stones to return with The Blood to save his people. The future of two worlds depends on Renloret.

"The Blood" won three awards from the Colorado Independent Publishers Association placing third in Science Fiction, third in Fantasy and a merit award for the cover and interior design.



P.E.O. Authors

Allynn is a Colorado native with an English teaching degree from Pennsylvania State University. Her husband Bob and daughters Carolyn, Kristina and Devin are among her many supporters.

Judy Smith, JO, Neosho, Missouri,

wrote "Larger Than Life: The Legacy of Daniel Longwell and Mary Frazer Longwell" about the couple who developed LIFE magazine for Henry Luce, hired the war artists during WW II and was able to get Hemingway's "The Old Man and the Sea" into the magazine before it appeared in bookstores.

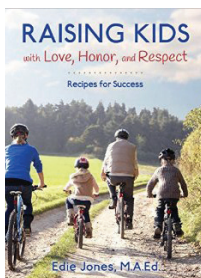


Daniel Longwell worked at Doubleday 15 years before working on LIFE and dealt with the publications of Edna Ferber, Ellen Glasgow, Kenneth Roberts and many others. Mary Fraser Longwell began at Time Inc. from the beginning and was the first woman executive there and—for a long time—the only one. They retired from Time Inc. in 1954 and moved to Neosho, Missouri.

Judy spent five years doing research in New York City for this book, searching archival boxes at Columbia and folders at the Time Inc. archives.

Eddie Jones, FS, Sisters, Oregon,

wrote "Raising Kids With Love, Honor and Respect; Recipes for Success," a book filled with stories that illustrate the concepts being developed along with tips and



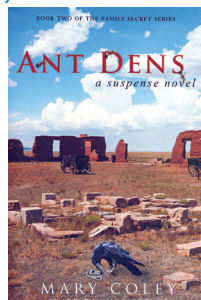
suggestions proven over the years as good tools to have in a parenting tool kit. Grounded in research and studies that back-up the ideas presented, the recipes are the areas of content covered (i.e. communication skills, building

relationships, brain development, understanding development and why temper tantrums are part of growing up). It is positioned to help parents or educators who are in contact with children from birth through the early teens.

Edie received a master's degree in adult education from Oregon State University and worked 24 years for a parent education program that provides education and support for families with young children, retiring as its director in 2011. In addition to P.E.O. and writing Edie enjoys being active, singing in her church choir, liturgical dance, volunteering and teaching. Edie has been a P.E.O. for 44 years, having belonged to chapters in Minnesota, Kentucky and Oregon.

Mary McIntyre Coley, FP, Broken Arrow, Oklahoma,

has written her second mystery novel, "Ant Dens—A Suspense Novel." Set in historic Las Vegas, New Mexico, this book features the same protagonist as her first mystery, "Cobwebs" about family secrets set in Osage County, Oklahoma.



Jamie Aldrich, a science teacher, is at the heart of this mystery. Jamie has returned to her home in New Mexico, where she lived with her husband Ben. Right away, she is told her stepdaughter Becca has disappeared. When the police won't take Becca's absence seriously Jamie partners with the girl's mother (Ben's first wife) to find her.

Mary, who has worked as a newspaper reporter, a hospital public relations director, and adjunct professor and a communications officer for the city of Tulsa, is now writing fiction as well as non-fiction environmental education materials. She has bachelor's and master's degrees from Oklahoma State University, Stillwater, Oklahoma.

Mary Furnald, O, Montgomery, Alabama,

wrote "The Tangerine Cafeteria," the story of Montgomery, Alabama, during the years from 1939 to 1946, as seen through the life experience of Miss Susie Stowers.



In the late 1930s, Montgomery was a slow sleepy town that never heard of women's liberation or equal job opportunities. In the male-dominated downtown businesses, Miss Susie Stowers owns and manages the Tangerine Cafeteria. The Tangerine is famous for its good food, but the real draw is Miss Susie who manages to combine home-style cooking with southern hospitality. Miss Susie welcomes all comers—local business men, women who are in town shopping, state and local politicians and travelers from out of town. Miss Susie's kitchen is staffed by all black personnel who are a vital part of her life, and who help to keep the Tangerine the top eating place in Montgomery.

"The Tangerine Cafeteria" tells of Miss Susie's family problems, problems shared with her by some of her customers, the lives and problems of her hired help and the impact of World War II on Montgomery and on the people who lived through that era. Young men leave for military service, Miss Susie learns to adapt to food and gas rationing, and Montgomery is suddenly filled with young men in uniform stationed at the two military bases in Montgomery. Miss Susie is the common thread in the lives of all these people and she provides support for each of them in her unique way.

Although the book is fiction, Miss Susie was a real person who lived and grew up in Montgomery. The Tangerine Cafeteria was a real place and there are still people alive who ate there and who remember Miss

Susie. While the story is placed in Montgomery, it could have taken place in any town in the South. Relationships and problems in the book were common to the era. The book tries to preserve a time and way of life that no longer exists. It is a "tip of the hat" to a remarkable woman who overcame adversity and successfully made her way in a male-dominated society.

Jeanne Bishop, BS, Winnetka, Illinois,

wrote "Change of Heart: Justice, Mercy and Making Peace with My Sister's Killer."

Jeanne's sister Nancy and Nancy's husband were murdered. When the killer, a local teenager, was arrested for the murders, he denied responsibility for the crime and showed no remorse. After the murderer was tried, convicted and sentenced, Jeanne was determined to forgive and forget him.

Then she met a law professor who gave her a book espousing the idea that Christians have an obligation to work to reconcile with those who have harmed them. Jeanne challenged the book's author about that idea, and was challenged in turn to move beyond simple forgiveness to the hard work of personal reconciliation.

"Change of Heart" is the story of Jeanne's journey to confronting and reconciling with a murderer. The book takes on the larger issues of restorative justice, life sentences and incarceration in the criminal justice system. It unflinchingly acknowledges the personal cost of advocating for mercy for people convicted of serious crimes. The book is a story of moving beyond mere forgiveness to the deeper waters of redemption and grace.

Jeanne is a criminal defense attorney, activist and author. Since the murders of her family members, she has spoken around the U.S. and the world in support of gun violence



prevention, abolition of the death penalty, forgiveness and the role of victims in the criminal justice system. A graduate of Northwestern University school of Law, she practices law with the Office of the Cook County (Illinois) Public Defender. Jeanne is a third generation P.E.O.

Gail Showalter, CC, Beaumont, Texas,

wrote "Living Learning Loving, Lessons of Insight and Encouragement on the Path of Motherhood."

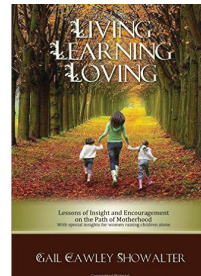
In this book Gail Showalter focuses on the personal issues women face which are compounded by being a single mother. Gail shares her struggles and heartbreaks as well as her triumphs as a woman who found herself as a single mother of three for 16 years. Her insights and guidance have helped and encourage young struggling moms for many years who are dealing with loneliness, grief, money issues, dating, learning to set boundaries, understanding personality, learning to have fun again, going back to school and more.

In 2007 Gail founded SMORE for Women, a nonprofit association whose goal is Single Moms, Overjoyed, Rejuvenated, and Empowered. She encourages single moms to earn a degree and improve their job skills.

Gail was a P.E.O. Program for Continuing Education recipient while a struggling single mother and now seeks candidates through her chapter.

Alice Selch Stephenson, DO, Sedona, Arizona,

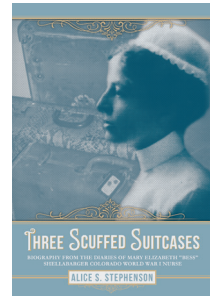
wrote "Three Scuffed Suitcases: Biography from the Diaries of Mary Elizabeth "Bess" Shellabarger Colorado World War I Nurse." When Bess died, she left her grandniece Alice three old, beat up suitcases full of 60-years-worth of diaries and life documents with



instructions to write her memoirs. Alice, a Cottey girl (class of '61), 55 year P.E.O. and retired RN tackled the story.

Born in a log cabin near remote Saguache, Colorado, in 1879, with a cleft lip and palate, Bess was a pioneer in every respect. She beat all odds, forging ahead through life, triumphing over the imperfections and challenges she faced. As a teenager she sailed around the world. Choosing to be a professional nurse after losing the love of her life to appendicitis, Bess graduated from Bellevue Hospital School of Nursing, received her degree from Columbia University, and served in France in World War I. Her professional career was spent educating, supervising and directing nurses and programs across the USA. Her focus was always on paving the way for other women to attain an education and contribute to public health.

Alice is a retired home health, hospice, diabetes educator and parish nurse. A native of Steamboat Spring, Colorado, she attended Cottey College and University of Colorado School of Nursing. She and her husband John live in their dream home in Cornville, Arizona, with their spoiled golden retriever. 🌸



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Ads are limited to those for fundraising projects for P.E.O. or for items and services directly relating to the organization, which are not available elsewhere. Payment shall be made to sponsoring chapter, not to an individual. Reader ads are available to members only and must include chapter identification. Send all information to mknee@peodsm.org three months preceding the month of issue.

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 identifies ads with photographs on the members' side of peointernational.org at members.peointernational.org/news-events/record/items-sale

Lapel pin or charm!— Small pin, circular monogram, cutout letters, 24K gold plate with spring-back post; or as charm. \$10.50 ppd. MN res. add \$.76 tax per item. Indicate choice. Check to Ch. AA, Norma Bloomquist, 7250 Lewis Ridge Pkwy #106, Edina, MN 55439.

Marguerite pin guard—for P.E.O. pin; sold by Chapter LJ since 1981; remove chain to wear as lapel pin. 18K gold plate, 3/8" diameter, with enameled white petals. \$25 ppd. Make check payable to Chapter LJ. Mail to Marge Steenson, 1235 11th St #307, West Des Moines, IA 50265-2100. 515-225-2731.

Marguerite bookmark—brass plate w/gift card. \$10 ppd. Ch. MQ, Box 257, Lake Forest, IL 60045.

P.E.O. recognition pin—the familiar block letters on the slant, our project since 1959. 14K gold plate w/safety clasp. \$15 - free shipping. Ch ES, Jane Mills, 2508 171st Ave SE, Bellevue, WA 98008.

Marguerite bridge tallies & note cards, beautifully boxed...lovely gifts...featuring original artwork (see peochapterdo.webs.com). Tallies can be used 25 times. 2 table tallies-\$14.50, 3 table tallies-\$17.50, box of 8 note cards-\$12.50 (S&H incl) Ch DO, 2137 St. Andrews Dr, McMinnville, OR 97128.

Long handled baby spoon Stainless, engraved w/ P.E.O. including a certificate for further engraving. \$18 ppd. (MN residents add 7.275% tax). Ch. CX c/o Anne Westman, 10712 Garden Cir, Bloomington, MN 55438. Allow 3-4 wks.

Permanent yearbook binders Yellow 2-ring vinyl binder with informal P.E.O. logo. Visit www.peoyearbookcovers.org for more information or to order. \$8.25/binder. Please add shipping: 1-2 binders \$3.50; 3-10 \$9.50; 11-49 \$12.50; 50+ \$18.50. IL residents add \$.50 per binder for sales tax. Send checks payable to P.E.O. Yearbook Covers, Ch DE, c/o Lee Haas, 5713 W Roscoe St, Chicago, IL 60634

P.E.O. yearbooks—The original permanent binder, used by chapters since 1981. Our purse-size, six-ring white vinyl binders can be personalized with our custom printed cover cards - choose between the traditional star emblem and the newer marguerite logo. Set of four index tabs sold separately. Our pre-punched paper and free templates allow chapters to set up their binder pages and print only new pages each year. A project of Chapter AN in Dayton, Ohio. For more information, please visit our website: www.peoyearbooks.com, or contact Jenni Allard: 937-293-8912, or email: info@peoyearbooks.com.

P.E.O.s love it! Gold recognition pin with tie tack closure. Original design by former International P.E.O. president. \$12 ppd., Ch. BC, Carolyn Jacobs, 3128 59th St South #201, Gulfport, FL 33707.

Original 1955 recognition pin with BLING! Classic goldtone P.E.O. lapel pin with crystal set inside the "O". \$12.50 each ppd. (IN residents add 7% sales tax.) Make check to Ch. I and mail to: PO Box 390, Greencastle, IN 46135. Questions? Marlafarris@gmail.com or 765-653-2997.

Grave marker or garden ornament—Brass 6" star on 24" rod. \$45 ppd. Also avail w/o rod. Ch. HV c/o Pam Hedger, 1 Willow Green Dr, Butler, MO 64730. Pam.hedger@yahoo.com.

CD of newest opening ode—Vocal and piano alone; includes initiation piano background music; also available in cassette. \$15 ppd. Check to Ch. EM c/o Beverly Koch, 2808 Burlwood Dr, Arlington, TX 76016.

Sterling star pendant—\$15 ppd. also available 20" SS chain - \$15 ppd. Ch. CK c/o Sue Ann Graves, 44 Bretagne Cir, Little Rock, AR 72223. 501-821-5303, sagraves@comcast.net.

White gavel block or paperweight with the star and letters P.E.O. in center. \$12 ppd. Ch. CV c/o Ann Buck, 3048 Locust Camp Rd, Kettering, OH 45419.

P.E.O. sticky notes 50-sheet yellow pad w/marguerite & P.E.O. letters. \$2/pad. Min. 6 pads/order. Add \$4 postage. Checks to Ch GE, Carol Wright, 10132 N HWY 54, Weatherford, OK 73096. 580-772-2383.

Cross-stitch chart Daisy-entwined star with P.E.O. in center. Send a SASE with \$5 check to Ch. BL c/o Sue Jobe, 1922 Rosepointe Way, Spring Grove, PA 17362.

Protect your robes and other fine clothing - 54" white light-weight vinyl garment bags decorated w/ the marguerite. \$90 ppd. for 7 bags sent to street address only. Ch. FR c/o Diann Rockstrom, 211 S. 78th Ave, Yakima, WA 98908. diann67@gmail.com

Marguerite blossom new stickers—perfect for notes, nametags, etc. 1" round. Packaged 30 for \$5.50 ppd. Checks to Ch. GX c/o Jan Peterson, 904 North Lincoln, Fredericksburg, Texas 78624.


Delicious marguerite mints—Long time favorites. White "chocolate" with yellow centers (1-5/8", 1/4 oz). Elegant P.E.O. mints for gifts, B&B or meetings. Gift box of 20 or plain box of 30 mints \$33 ppd. (Add'l boxes to same address \$30.) Pat Alesse, Ch J, 4825 Alderson Rd, Birch Bay, WA 98230. 360-371-2070. Patricia.alesse@thecshop.com.

Hand-colored daisy notes—Original art folded note cards (5-1/2" x 4 1/4") by Fritzi Klopfenstein. Great gift! Package of 8 with envelopes - \$10 ppd. Checks to P.E.O. Ch. P/CT. Send to Jenny Mitchell, 1 Alexander Lane, Weston, CT 06883


P.E.O. calendar reminder stickers! 20 yellow 1/2" printed circles/page. \$.50/page plus \$1 s&h/100 pages. Checks to Ch. CV c/o Karen Hendrickson, 1824 Bayview, Albert Lea, MN 56007.


P.E.O. yellow binders 6-ring binder. Gold star on cover, 4-1/2" x 6-1/2". \$7 + shipping. Call 801-487-7602 or Ch. E, 1808 Mohawk Way, SLC, UT 84108.


Items for Sale

 **Walnut pin box**, handmade w/star on top. Large w/removable top will hold pin back, 3". Or small 2" box w/drawer, \$22 ppd. Ch AL, c/o Trine, 82825 559 Ave, Madison, NE 68748. phylmt@yahoo.com

 **Marguerite's mail**—8 full-color note cards and envelopes from original watercolor; \$8 per pkg includes P&H. Ch. NQ c/o Marceta Claypool, 544 Penny Lane, Le Mars, IA 51031.

 **Fingertip towels** embroidered w/ marguerites. Perfect for gift or guest. White velour. \$14/pair includes shipping. Ch VG c/o Karen DeSoto, 18050 Mark, Yorba Linda, CA 92886.

 **Pewter P.E.O. star** ornament—3-1/4" handcast pewter star with raised letters P.E.O. in center. Perfect for weddings, Christmas, special occasions; suitable for engraving; \$18 ppd. Ch. AU c/o Joyce Diehls, 114 County Rd 219, Fayette, MO 65248.


 **Official reciprocity chairman's** pin—14k gold plated gavel on marguerite w/ guard ring. \$95 to Ch. HB, c/o Margaret A. Lamb, 4331 E. Linden Cir, Greenwood Village, CO 80121. 303-771-1452.


 **Chapter letter pin guard** gold-plated with chain \$25. CA res. add 9% sales tax ppd. Ch. QB c/o Marty R. Francis, 7832 Kentwood Ave, Los Angeles, CA 90045-1151. 310-670-4796, Marty.Francis@sbcglobal.net.


P.E.O. gold foil star stickers 1" in dia. Similar to official emblem. Ideal for conventions, reciprocity, correspondence, nametags, & place cards. 50/\$8 ppd. Checks payable to Ch. DA, Jeanne James, 2153 Steelhead Ct, Lebanon, OR 97355 lajames@comcast.net. 541-451-3605.


P.E.O. Founders photos—Complete set of lovely 8"x10" color photos of our P.E.O. Founders, with biographies, \$30. Chapter GG. Marty Ferry, 2750 Hwy 5, New Franklin, MO 65274; ph 660-537-0670 or email mferry@socket.net.

License plate frame—black with gold letters: "P.E.O. Educating Women" \$7 ea. (\$6 ea. for 10 or more to same address). Ch. DK c/o Kristine Dillon, 12525 SE 210th Ct, Kent, WA 98031, 253-630-3893.


 **Ornament with star** & marguerites. Lightweight metal. \$10 ppd includes box. Ch. FX c/o Sue Pritchett, 1015 Perkins, Richland, WA 99354. For more: j_sue_pritchett@yahoo.com.

 **New garden/window** flag—11" x 13", 7 marguerites, 7 gold stars on royal blue. \$20 ppd. to Ch. CC c/o L. Lampkin, 1704 NE County Rd 14963, Montrose, MO 64770-6344.


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 **Spread the news** with our 3" static decal—A shaded-gold star with P.E.O. across the center. Adheres to your car window, letting the traffic know you are a proud P.E.O. member. \$1 ea. Incl. a SASE to Ch. GY c/o Beverly Hurst, 1413 Grand Ave, Fillmore, CA 93015. Ph. 805-524-3980 or beverlyhurst@mac.com.


 **P.E.O. pens** in red, black or blue with letters in gold. \$6 ea. ppd. to Ch. OX c/o Wanda Miller, 805 E Burky Ln, Mt. Pleasant, IA 52641. wwmiller@lisco.com.

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 **Elegant suncatchers** now available! Diamond-shaped, beveled glass, 7" x 4" etched marguerite, \$20; etched, hand-painted, \$25; Ch. DS c/o Marilyn Warrens, 2190 North Ave, Chico, CA 95926. 530-342-6731, email: mwarrens@mail.csuchico.edu.


 **Crocheted pin back**—White w/ magnetic back or jewelry clasp. \$12 ppd. Ch AL, c/o Trine, 82825 559 Av, Madison NE 68748. phylmt@yahoo.com.


 **Radko ornaments** "My Santa is a BIL"—5" roly-poly Santa. "BIL" on belt buckle. \$42. View at www.peotexas.org. Include \$6 s/h. TX res. add 8-1/4% tax. ppd. P.E.O., Ch. IN, P.O. Box 92866, Southlake, TX 76092. Info: 817-251-8342 or peointx@gmail.com


 **Never struggle** with your pin again! Embroidered nametag/pin holder and magnetic back. \$18 ppd. Quantity price from \$14. Inquire at PEOnames@aol.com or write Ch HF c/o Sue McCallister, 5025 W Concord Ave, Visalia, CA 93277.


Sparkling P.E.O. bracelets — Stars, Swarovski crystals and sterling letters/spacers with easy-fasten toggle. \$27 + S/H to Ch. MW. Barbara Turcan, 630-584-3780 or bet1413@aol.com.


 **Custom name badge** with magnetic fastener. Attractive gold laminate, black engraved name & ch. Add your ribbon to hold pin. \$11 ppd. Contact Sheila Barnette, Ch HA for order form. sheilaroodbarnette@gmail.com. 904-343-9923

 **Original art.** Full color, 6 different marguerite designs on 6 notecards with envelopes. \$8 per pkg of 6. You pay postage. Choose from 3 series: Dancing with Daisies or Butterflies & Daisies or Pink Bunnies & Daisies. Send requests to Carol Holdhusen, Chapter AV, 3864 E Vallejo Dr, Gilbert, AZ, 85298. Cell: 480-250-6546 or caholdhusen@hotmail.com or www.carolannholdhusen.com. For e-cards contact: loripratt-hughes@sterlink.net


 **Magnetic marguerite pin** holder—1 1/2" daisy, white petals with yellow center. Holds emblem, no more pinholes in your clothes. \$8 plus \$2 postage for 1-5 holders. Ch. GD c/o Gudrun Gegner, 3040 Pawnee Dr, Bremerton, WA 98310. 360-373-3611

 **Tervis tumblers w/marguerite** logo. Insulated, shatterproof tumblers that are safe for micro & dishwasher. Several sizes available. For prices/shipping, email: flordichapterfe@gmail.com.

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 **P.E.O. scarves.** Beautifully imprinted with metallic P.E.O. letters and stars, 14" x 60". Black/silver print, ivory, red, yellow, navy/gold print. \$20 + \$2 s/h. Check to Ch. IO, Lynn Hooker, 1815 Newport Rd, Weatherford, TX 76086. 405-642-0390. lshooker@aol.com.


 **Magnetic star pin** to hold your emblem. White satin star on yellow backing. Contact Ch M/TN, Martha Wentworth for more information @ mjwentw1@gmail.com.

 **Magnetic daisy pin** back - \$9 Two inch yellow and white daisy to hold your P.E.O. emblem. We welcome large and small orders. Please specify if your P.E.O. emblem attaches with a safety pin fastener or a tie tack fastener. Postage paid. Make check payable to Chapter JO. Contact: Sandra Smith, 1915 Sherry Lea Dr, Neosho, MO 64850 or email mochapterjo@gmail.com


 **P.E.O. sun catcher**—This sparkling beveled glass ornament presents a beautiful etching of our star. A great gift for the Christmas tree or a sunny window. \$22.50 incl. shipping. Ch. BH c/o Jane Lennox, 665 BF Goodrich Road, Marietta, OH 45750. janelennox@yahoo.com


 **P.E.O. chef's apron**—in golden yellow cotton, embroidered with marguerites on bib. Extra long ties, adjustable neck strap, three pockets. \$20 ppd. Ch. N. Nancy Vest, 1230 Forest Dr, Sand Springs, OK 74063. nancyjoss@cox.net.


 **Daisy tote, umbrella**, hatbox Chapter F/NH. Please visit PEO-FNH.org.


 **P.E.O. Founders bookmarks**—Two laminated colorful "one of a kind" styles to choose from. Both designs created by local artist. \$1.50 each ppd. Ch. AN c/o Angela Bridge, P.O. Box 541, Chandler, OK 74834 angiegb@cotc.net


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 **P.E.O. Byers' choice** caroler—custom designed Caroler. LIMITED QUANTITIES LEFT! Allow 4 weeks for shipping. Mail \$80 check payable to P.E.O., Chapter O to Linda Dowd, 801 Galer Dr, Newtown Sq, PA 19073. Questions to PEOcaroler@gmail.com


 **Original magnetic daisy** pin holder attaches pin with a strong magnet. Pin your star to our 2 1/2" daisy and never struggle with that tiny fastener again. \$7 plus \$2 shipping each on orders less than 10. Checks to Chapter IT, send to Janet Burmeister, 1818 Ohio Parkway, Rockford, IL 61108.

 **Past president's gavel** guard—14K gold-plate with 7 clear Swarovski crystals. Perfect size for our star. \$30 ppd. to Ch. OO, P.E.O. c/o Pat Walton, 34400 Mission Blvd, A-1210, Union City, CA 94587.


 **Pewter ornament** elegant 2.5" heirloom quality, 2-sided ornament with marguerite and P.E.O. in an open-work star. US made. Great officer or going-away gift. \$18 ppd. Chapter FF, PO Box 59, Frankfort, MI 49635. Information or order form: PEOChapterFFMI@charter.net. Also available: 1" version for a pendant or key fob, \$15 ppd.


 **P.E.O. daisy key** rings—Handcrafted by local forge. \$15 ppd. Ch AY, Megan Smith, 506 Oak Hill Dr, Grove City, PA 16127.


 **P.E.O. garden banners**—with gold star & 7 marguerites. 3 sizes incl. garden banner, 12x18" - \$25; small flag, 2x3" - \$50; all ppd. Mark a mtg, new chapter or outgoing president gift. Image visible on both sides. Photos & order forms with current prices at www.PEOChapterHV.org or email chapterhv@gmail.com or call Sarah at 303-594-2455.


 **Murano glass** daisy heart pendant—1.5x1.25" pendant includes silver tone neck wire. \$25 ppd. Ch AA, C. Chaires, 1381 Clydesdale Ave, Wellington, FL 33414.


 **Luggage tags**—prices & designs email jbilltbill@aol.com Ch DT.


 **Celebrate P.E.O.!** Darling oval car magnet for \$6 each, S&H free. Reads "P.E.O. Educating Women". Send check to Ch OA, c/o Colleen Miller-Owen, 422 Austin Ave, Geneva, IL 60134.

 **Handcrafted pewter marguerite** pin/necklace. Designed for Ch AR, Ruidoso, NM, size 1 1/8 x 1 1/2, \$17 ppd. J. Powell, 107 Snowbird Ct, Ruidoso, NM 88345.


 **Star keychain**—quality metal, engraved with P.E.O. for just \$12.50 each. May be worn as a necklace too. Payable to Ch DO, c/o Lenore Jones, 10820 Nutmeg Meadows Dr, Plymouth, IN 46563. Lenore@ancoofficeproducts.com


 **Sterling silver pin guard** for P.E.O. pin. 1" x 1 1/4" attaches to clothing with magnet. \$30. Please state if your P.E.O. emblem is a clasp or tie tack back. Ch IH, Jes Raintree, 15648 Colorado Central Way, Monument, CO 81032. 719-488-8300.


 **Travel tumblers** 16 oz insulated travel tumbler created for us by Suzy Toronto. \$17 check to Ch BN, Millie Bergman, 2802 Cane Field Dr, Sugar Land, TX 77479. mbergz@aol.com. Discounts for orders of 5 or 10.

 **Recognition pin**—1-1/4", burgundy cloisonné w/daisy. Tie-tack fastener. \$10 ppd. Great gift. Checks to: P.E.O. Ch FQ, PO Box 75, Florence, OR 97439. PEOFQPINS@hotmail.com

Seven heavenly Founders—15 min DVD Cottey College Tour—10 min DVD. Great for programs & new members. \$15 ppd each or 2 for \$25 ppd, Ch BF, Phyllis Sandmann, 9301 Lansbrooke Ln, Oklahoma City, OK 73132.

 **Nametags**—beautiful custom marguerite artwork, 1 1/2x3" white acrylic, magnet fastener, name + ch ID, \$13 + S&H, Ch JB, c/o Heidi, 719-528-5313, heidi@cburnett.net

 **Silver star letter opener**—P.E.O. engraved. Lovely for gifts. Gift-boxed. Chapter FQ \$25 + \$6 S.H. ppd. c/o Heidi deLisser 3470 NW 7th St., Miami, FL 33125, hdelisser@aol.com


 **P.E.O. logo bridge** cards—Our high quality boxed sets are a lovely gift or recognition. 1 black & 1 white deck each include the P.E.O. letters & marguerite. \$20+ shipping, Chapter HB FL. rconley5592@aol.com or 772-453-3469.


 **Best bag for** your bucks! Yellow embroidered P.E.O., daisy, ch, city, st, on durable 600 denier polyester, zippered, large front pocket, adjustable web handles, 2 pen loops, 2 side bottle pockets. 15x13x5. \$40 ppd, payable to Ch FS, Sue Mechem, 1009 2nd Ave NE, Clarion, IA 50525. 515-532-2228 or mikesuemechem@gmail.com


 **Cottey decal** \$2 ea or 10/\$10. Cparkman.peo@gmail.com Ch AG/GA


 **Newsletter template** Incl images/logos cparkman.peo@gmail.com Ch AG/GA


P.E.O. chapter garden flag—waterproof 14x20" flag with your chapter letters! \$25 ppd. Check payable to Ch JP, mail to: Melinda Fish, 1105 Williamsburg Pl, Lawrence, KS 66049.

 **Classy 3x1" namebadge** gold laminate pin/magnet, st, chap, polkadot ribbon, etc! yrbk pg pin storage; 337-280-5779; srodemacher@gmail.com \$14 or \$15+s/h, Ch AT.


 **Insider's Guide to London**—this 70+ page guide has been lovingly created by the UK P.E.O. Group sharing our most useful tips for those travelling to London. To download your copy of the London Guide for Sisters by Sisters for only \$10, visit www.ukpeogroup.moonfruit.com.


 **Play Daisy Bingo**—Facts about our Founders instead of #s, \$25 ppd. Also, Bee Smart about the P.E.O. Constitution and CA state bylaws, \$25 ppd. Each set has 100 cards. Great for programs! Check to Ch. DO, 12214 Heacock St, Moreno Valley, CA 92557. 951-809-3673.

 **Embroidered kitchen towel**—all cotton. Bright set (pink, turquoise, green) w/ original P.E.O. design \$25 ppd. White w/P.E.O. or daisy design, (please specify) \$8 each ppd. Ch FL, c/o Joan P, 15604 Acacia Road, Oklahoma City, OK 73170 kitchentowels4sisters@yahoo.com

 **The P.E.O. story** on DVD—A 30-minute dramatization of the origin of P.E.O. This delightful and entertaining movie is perfect for your Founders' Day program. \$25 plus \$3 S/H to Chapter ET, Joanne Gravelle, 11360 W. 76th Way, Arvada, CO 80005.

Items for Sale


 **P.E.O. garden flag!** Beautiful 12x18" garden flag features the letters P.E.O. & watercolor marguerites. Artwork is by P.E.O. member & well-known artist, Ellen Diederich. Printed on both sides of heavy vinyl, flag is to be used with your own flag stand. Photo can be viewed at www.sgoofargo.com. \$20, plus \$3.95 postage. Send check to Chapter AE, PO Box 8, Christine, ND 58015.

 **Portable president's lectern** Folds flat, featherweight, only 8.5 oz, made from durable foam core-STURDY! Lovingly crafted. \$48 ppd. Includes sturdy storage box. Make check payable to: Chapter CP, c/o Mary Lou Troyer, 249 E Woodland Rd, Lake Bluff, IL 60044.


 **P.E.O. inspirational stones** & tokens—Gifts for P.E.O. sisters, friends, and family. Six polished custom-engraved river stones: star logo with P.E.O. in center, Faith, Love, Purity, Justice, and Truth. \$20 per set or \$4 ea. Trinket dish (yellow) \$8. Eight pocket tokens or blessing coins including Friend, Sister, Love, and Loyalty. \$22 per set or \$3 ea. Small trinket dish \$6 - large one \$7. Order form/shipping info at www.peochapterhouse.org (Fundraising). Sponsored by Chapter C-CO. Janet 719-473-7670 or colopeo@msn.com

Our seven sisters—as told in a beautiful paper doll book for Founders' Day program or gift. \$17 ppd to Ch DP c/o Maureen Davis, 3412 61st St, Lubbock, TX 79413.


 **Luggage strap** with I.D., yellow nylon, adjustable. \$12 + S/H. Cks to Ch OH c/o Mary Jo Losey, 207 S. Prospect, Galena, IL 61036. Maryjo918@gmail.com


 **Star key ring** — or pendant! Nice quality, engraved with P.E.O. \$10 includes gauze gift bag and s/h. Ch T — OR. mkengel@charter.net


P.E.O. Mobius scarf Beautiful washable, rayon, large daisy print infinity scarf with red background and yellow and blue daisies. \$15 ppd. Check payable to Ch KQ. Send to Jodell Larkin, 70 Coppergate Ct. St. Peters, MO 63376, 636-688-5925, jlarkin70@charter.net


 **Field of daisies bookmark**—Dimensions are 2" x 8 1/2". \$2 ea. or 6 for \$10. Make checks to: P.E.O. Chapter IP, send to Mary Cunliffe, 12442 Barony Dr., Dubuque, IA 52001. 563-584-9727


 **P.E.O. polo shirt.** Short sleeve, 100% preshrunk cotton. Marguerite emblem on upper left chest. Available in white or yellow. S-XXXL \$34.50 + 5.15 shipping. Checks to Chapter CP, 975 Briarwood Dr. E. Wenatchee, WA 98802 allem@nwi.net.

 **Sterling P.E.O. necklace**—dainty. Measures 3/4 by 1/4 inch. 16 or 18" long. Specify length. Sterling. \$49.95. + 1.95 shipping. Check to Ch. K, c/o CJ Gray, 325 Eagles Walk, Gastonia, NC 28056


 **BIL Pins** All metal, die-struck 1/2" square with polished raised letters and military clutch back. \$5.85ppd. Check to Ch. L, 1400 Cedar Point Rd, Lagrange, KY 40031. marthahe23@hotmail.com


 **Daisy magnets** for car, mailbox and frig! Round, 7" white & yellow daisy w/ P.E.O. in center. \$11 ea + \$5.60 for shipping 1-10 magnets. Ch AN, c/o Monica Johnson, 107 Glenn Burnie Dr. Easley, SC 29642, buffjohns@aol.com

 **New eyeglass/computer** Cleaning cloth from durable microfiber. Cleans glasses, phones & computers. Daisies or fall tree 5 3/4 square. \$6 each, add \$1 P/H up to 4 cloths. Checks to Chapter HX, c/o Ann Thomas, 8432 Newcombe St, Arvada, CO 80005


 **Love binds us** luggage tag 4 1/4 x 2 1/2" yellow w/white daisy \$8 ppd. Payable Ch Q, c/o Eline McCain, 5214 E Goldwater Dr, Yuma, AZ 85365. (928-580-7434).


 **Yellow 4GB USB** Flash Drive with our P.E.O. logo. \$10 + S/H. Email Ch Z for order form. NVchapterZ@yahoo.com.


 **Seven Founders** full color, one sister on each card. 5 1/2 x 4 1/4" as seen in Jan/Feb 2015 Record. Pkg of 7 w/ env \$12 includes P&H. Checks to Ch DP, Hilde Weintraub, 209 Galaxy Way, Lompoc, CA 93436. 805-733-1699 or hilde.weintraub2@verizon.net.

 **Elegant Emblem holder,** magnetic, with engraved star, name, chapter letters and state \$12. Name and star only \$10. Can be made in a pin-back. All sales to the P. E.O. projects! Email Susan Keller at skeller68@charter.net for more info. Ch HZ, St Louis, MO.

P.E.O. rubber jar grippers — daisy or star, pics on website; \$3 each. Ordering info at www.peochapterbsva.org. Ch BS/VA.


 **Daisy pin guard** — to mark a special occasion or add beauty to our star pin, this 3/8" hard enamel, antique brass, white daisy pin guard with a 2" link chain has a safety pin attachment. \$20 ppd. Checks to Ch MQ, Christine Trimble, 2210 Heartland Ridge, Jefferson City, MO 65109. ct@dulletrimble.com.


 **"Marguerite" print** 4X6" \$10 ppd w/in lower 48. Ch EN, c/o Ellen Fischer, 1330 Sherwood Dr, Greenfield, IN 46140. Questions, call 317-462-4677 or ellen.fischer@sbcglobal.net.


 **Rhinestone letters** and multicolored spark let your love of P.E.O. shine for all to see. These iron-on rhinestone transfers can be applied to almost any fabric item. P.E.O. crystal 1 1/2x5" for \$4; multicolored spark 3x5" for \$8 or 1 P.E.O. crystal and 1 multicolored spark for \$10 ppd. Checks to Ch AX, Julie Cahoj, 15189 RD BB, Atwood, KS 67730. 785-626-5054.


Founders' Day DVD Flashback to 1869. Learn our 7 founders' personalities. See their fashions and how they lived. 19 min. of narrated slides, videos, and music. \$25 plus \$3 S/H to Ch DW, Gwenda McCall, 704 SW 38th Dr, Gresham, OR 97080. 503-667-5974


Gently used white choir-style robes. 2 short, 3 long, 2 medium. Will gladly donate. Request \$20 for shipping and handling. Contact fsvandermeer@gmail.com Ch H, Las Vegas, NM.


 **Personalized daisy throw** Does a sister need some special TLC? Give her a personalized fleece marguerite throw with a place for her sisters to sign. \$35 plus S&H. Info/order: Ch BO-BY, Sharon Sue Harvey, 479-876-8799, rmhssh7@gmail.com.


 **Daisy tote bag** Three pockets on 100% polyester bag; 12Hx14Wx6.5"D, lime, hot pink or navy, \$20 plus \$5.95 p/h. Checks to Ch J. Meredith Cole, 29103 Westwood Rd, Bay Village, OH 44140 mmolenar@gmail.com Combined shipping available.


 **Graceful, classic P.E.O. jewelry:** letters or star! Chokers = 16" @ \$20. Bracelets = 7 1/2" @ \$15. \$5 shipping up to 8 pieces. XW/CA. KarenTreaccar@gmail.com to order.

 **Painted daisy notes**—5 1/2 x 4 1/4" pkg of 5 w/ envelopes \$8 ppd to P.E.O. Ch OI, Anita Wild, 1025 Grove Terrace, Dubuque, IA 52001.


 **Marguerite purse hook.** Keep your purse off dirty floors & securely at your side. \$18 Check to: Ch MX, Connie Minnes, 3307 Douglas Wds Dr, Urbana, IL 61802.

 **P.E.O. APPLE iPhone covers** Beautiful, exclusive 3D design for 5/5s/6/6+. Must see. \$25 + \$3.50 s/h. Ch Y/NV. Page at pageshawken@yahoo.com or 702-677-0898.

 **Pin tin** for your emblem. \$15 ppd. 3 1/4" tin handcrafted in yellow and white. Print, solid or polka dot. Ch AB/WA. bevnkristin@gmail.com.


 **P.E.O. Founders bookmarks** – laminated bookmarks great for gifts. \$1.50 each ppd. Ch K, c/o Susan Kautzsch at smkautzsch@gmail.com.

P.E.O. songbook Create unique programs using these outstanding songs by Peggy Peppers, \$14 ea ppd. Ch AW, Dottie Van Hoesen, 4611 Arcola Dr, Lakeland, FL 33801. 863-665-5796 bobdotvan@aol.com.

 **Beautiful embroidered pin holder** w/ member's name. 2.5 x 3.5" white w/gold embroidery. \$15 ea. Ch FK/OR. Email carturner@yahoo.com for order form.


P.E.O. coloring party page with P.E.O. symbols. Image and instructions for fun program are \$10 ppd to Ch AM/WI. Proceeds support P.E.O. projects. Contact Carol at: peocoloring@gmail.com.

A loving concern—Ways to Show You Care. Suggestions for ways to provide love and care in cases of illness, grief, and special circumstances. \$15 + \$3.34 postage. Contact NC Chapter CI at peo.education.funding@gmail.com to order.


 **Hy-Notes** variety pk of 7 P.E.O. themed notecards from member's original artwork. \$15/pkg ppd, cks to Ch HY, K. Hanna, 256 Las Flores Dr, Bakersfield, CA 93305, hhanna1@bak.rr.com.


Marguerite postcard created by Ch E/ MN sister. Send Hello, Get Well, Happy Birthday, etc. Order pkg 25 (or more) for \$12 + 2.75 shipping. Shellief@mchsi.com

P.E.O. napkins perfect to hostess a chapter meeting! 25 beverage size, white w/gold P.E.O. imprinting; \$7.50 ea. includes s/h. Checks to Ch FC, Ann Delach, 5405 N Seminole Ave, Tampa, FL 33604. Anndelach@hotmail.com for photo.

 **Restyled** "Sisters of the Heart" mug with P.E.O. star on a field of marguerites, yellow interior and handle. \$12 + shipping. Orders to Ch D/RI c/o Betsy Fitzgerald, 11C Vicksburg Pl, Newport, RI 02840 or BetsFitzPEO@gmail.com.

Homes

 Celebrating its 50th anniversary, **Colorado P.E.O. Chapter House** is situated near the famous Broadmoor Hotel in Colorado Springs. A Colorado state project since 1966, the chapter house provides medically independent retirement living for P.E.O. sisters and those recommended by a P.E.O. Seven residential apartments and five guest rooms are on easy-access ground level wings with enclosed walkways to common areas. Three home-cooked style meals are served daily in the main dining room. Affordable overnight guest rooms for traveling P.E.O.s, their families and friends and a gathering place for area chapters and guests are also part of our services. For more information, go to www.peochapterhouse.org, email colopeo@msn.com, write to 1819 W Cheyenne Rd, Colorado Springs, CO 80919 or call at 719-473-7670.

 **At the Nebraska P.E.O. Home**, licensed as an assisted-living facility, TLC is the secret ingredient whether it's in the home-cooked meals, the private room with bath, the beauty salon, the Daisy van trips, or the very attentive staff. Active members of P.E.O. and P.E.O. sponsored relatives are eligible for residency. Contact Tracy Magill, Administrator, Nebraska P.E.O. Home, 413 North 5th St, Beatrice, NE 68310 or call 402-228-4208 to check on your room.

 **Independent retirement living** in a P.E.O. community. Explore the Idaho P.E.O. Chapter House at www.peochapterhouseidaho.org or call 208-459-3552.

Books

 **Sisters in the Kitchen** Cookbook – Over 300 of our favorite recipes — Perfect gift for officers, initiates, friends, family or your kitchen—\$19.00 ppd to - Ch. FE, Diane Golden, 2525 E. Schrock Rd, Waterloo, IA 50701-Reduced prices for multiple books—email jndgolden@gmail.com.

400+ Recipes! Classy gift, cookbook of sisters' favorites. Hard cover, 3-ring, indexed, OR coast Ch. GB \$15 ppd nanjfitz@gmail.com.

TECH TIP

Navigating the Redesigned Members Website

by Lucy Thoms, Digital Communication Specialist

At the 2015 Convention of International Chapter, a new members website was launched. The site's navigation was designed to provide an enhanced user experience and to organize the hundreds of resources available. Here is a list of frequently-accessed resources and where to find them.

1. Change in Membership Form

- The Change in Membership Form (CIM) is located in three places:
- Go to Resource Library > Local Chapter Officer Resources > Corresponding Secretary Forms
- On the members site homepage under Quick Links
- Go to Membership > Change in Membership Form

2. State/Provincial/District (S/P/D) Websites

Go to Resource Library > Listings & Directories > State/Provincial/District Chapter Websites. Here you can click through to each of the S/P/D websites.

3. Listing of Local Chapters & Presidents

Go to Resource Library > Listings & Directories > Directory of Presidents > Listing of Local Chapters & Presidents. You can search by S/P/D and then sort by City or by Chapter Letters.

4. Local Officer Training

Find training videos for local chapter officers by going to Resource Library > Local Chapter Officer Resources > Local Officer Training.

5. Membership Toolboxes

Find tools to help you with membership initiatives by going to Membership > Membership Toolboxes.

6. Look Up Your Member ID

To find your Member ID, go to Membership > Update Your Information > Member ID Search. This search will also provide you with your initiation date.

7. My P.E.O. Connect

My P.E.O. Connect is a member engagement tool exclusive to P.E.O. Click on My P.E.O. Connect on the horizontal navigation bar near the top of the page; this will open a new window where you can log in. Please note: My P.E.O. Connect does **not** replace the members site. It is an additional tool for members and chapters to connect with each other (see page 14 for more information).

8. Brand Resource Center

For resources to help you tell the P.E.O. story, go to Resource Library > Local Chapter Members > Brand Resource Center. Here you will find logos & images, the P.E.O. Brand Tool Kit, Guidelines for Record Submission and more.

9. P.E.O. Projects

Find information and resources for each P.E.O. Project by going to P.E.O. Projects and selecting each individual project. 🌸

Learn to Hover

Hovering is when you hold your mouse over something without clicking, and it triggers a description or more information to appear. The P.E.O. International Members Website uses hovering two different ways:


1. Menu Items

Near the top of the site there is a horizontal navigation bar with several headings: Resource Library, P.E.O. Projects, Foundation, etc. Hover your mouse over these headings and a dropdown menu appears. Most items in the dropdown menu open additional sub-menus. For example, if you are trying to get to the Constitution, hover over Resource Library, then move your mouse to hover over Local Chapter Members, move your mouse to Manuals & Handbooks and click.

2. Downloadable Resources

Downloadable resources on the website come in different formats or there might be different documents within a category. Hover your mouse over an icon and a description of the document appears. This functionality also works on some tablets by tapping and holding the icon with your finger.



Constitution, Bylaws and Standing Rules		
Title	Format	Last Updated
2015 P.E.O. Constitution Links are provided to major sections of the Constitution. Links are indicated by blue underlines. Please click on the appropriate section link in the table of contents, or open bookmarks on the left (icon of ribbon), to go to sections.	 2015 P.E.O. Constitution Size: 480.65 KB Type: document Format: pdf	Dec 2015

One Chapter = One Partner in Peace

Effective March 1, 2016, a single chapter can become a Partner in Peace with a minimum donation of \$500 accompanied by the Partners in Peace form. This change will help our IPS recipients focus attention on their studies while still building meaningful relationships with their Partners in Peace chapters as well as recognizing the significant contributions made to this program by individual chapters.

Please note: This change will not affect the Partners in Peace groups or reciprocities that made donations for the 2016-2017 academic year.



The P.E.O. Record on Tape/CD

Please contact Anne Vaeth, 11321 Craig, Overland Park, Kansas 66210, chapterdoofmissouri@gmail.com to receive the magazine on tape or CD. This service for our visually impaired sisters is at no cost by Chapter DO, Kansas City, Missouri.



Spring Convention Project Mailing

Every state/provincial/district (s/p/d) president has been sent enough packets of project information cards to distribute one to each chapter at her s/p/d convention. Delegates receiving such packets are to give these project materials to their



respective local chapter president immediately following convention.

Gift Acknowledgements

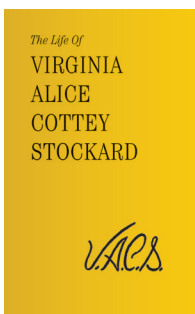
Chapter gifts to our projects are acknowledged on the back cover of this issue of The P.E.O. Record. Projects gifts by individuals are acknowledged by the executive office. Named or designated gifts, as well as large gifts above a certain level as determined by the P.E.O. project or Foundation, are acknowledged by each board of trustees. Gifts



to Cottey College by chapters and individuals are acknowledged by the College.

"The Life of Virginia Alice Cottey Stockard" Reprint Now Available

Cottey College, with the permission of the P.E.O. Sisterhood, has reprinted the historic book "The Life of Virginia Alice Cottey Stockard" by Helen DeRusha Troesch. You may order a copy from the Cottey Bookstore by calling 417-667-8181, ext. 2154, or writing to Cottey College Bookstore, 1000 West Austin, Nevada, MO 64772. The cost is \$20 per copy and is available now for your reading pleasure.



P.E.O. Visit Day Scheduled for September 17, 2016

Plan a visit to see your college this fall. P.E.O. Visit Day is Cottey's premier visit event for P.E.O.s. It is scheduled for **September 17, 2016**. This is a wonderful opportunity to see the campus with a student-led walking tour, hear an update from the president of the College, and engage in question and answer sessions with students, faculty, or staff. Go to www.cottey.edu/peovisit2016 and send in your registration form today!

Look for the P.E.O. Emblem for Official P.E.O. International Social Media Accounts

Ensure you are following official P.E.O. International social media channels by looking for the P.E.O. emblem as each outlet's profile image. There may be other pages or accounts with similar names that are not part of the Sisterhood.

Specifically, there are other Facebook pages that use the P.E.O. International name but are not affiliated with the P.E.O. Sisterhood in any way.



Send completed form including your former address printed in the upper right corner (or give address at which magazine was last received) six weeks in advance of your move.

Mail: Membership Dept., P.E.O. Executive Office
3700 Grand Ave., Des Moines, IA 50312-2899

Fax: The P.E.O. Record, 515-255-3820

Call: 800-343-4921 (automated line available 24 hours
a day. May not be available in all areas of Canada.)

Email: membership@peodsm.org

Web: peointernational.org (log in as a member and click on manage membership)

Automatic Address Change: The P.E.O. Record may be mailed to two different addresses if the same seasonal address is used at the same time every year.

Address or Name Change (please print)

Chapter letter(s) _____ State/Province/District _____ Date address effective _____

Name _____

Email address _____

Street or box address _____

City _____ State/Province/District _____ Zip/Postal code _____

Thank You!

Our local chapters and members have shown dedication, hard work and financial contributions for our projects and recipients. By working together the following results have been achieved:

Cotter College—Approximately **8,875** women from all **50 states, 4 provinces** and from more than **85 countries** have graduated since the first class in 1887. The College has been owned and supported by P.E.O. since 1927.

- In addition P.E.O. has given nearly **\$283 million** in financial assistance to almost **99,000 recipients** of the ELF, IPS, PCE, PSA and STAR projects.
- P.E.O. Educational Loan Fund loans are **\$172 million** since 1907.
- P.E.O. International Peace Scholarships are **\$34.1 million** since 1949.
- P.E.O. Program for Continuing Education grants are **\$49.5 million** since 1973.
- P.E.O. Scholar Awards are **\$21.5 million** since 1991.
- P.E.O. STAR Scholarships are **\$5.4 million** since 2009.



We are becoming what we are to become